

THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS

On World Heart Day Fortis Focuses on Raising Awareness



Fortis Hospital, Mohali



Fortis Escorts Hospital, Faridabad



Fortis Hospital, Nagarbhavi, Bengaluru



Fortis Hospital, Gurugram



Fortis Hospital, Mulund



Fortis Hospital, Vasant Kunj



Fortis Hospital, Ludhiana



Fortis Escorts Heart Institute, Okhla, New Delhi



Hiranandani Hospital, Vashi



CHRO's Message

Dear Fortis Family,

Warmest season's greetings! I hope you had joyous Diwali and Onam celebrations and were able to spend some quality time with your loved ones. I am sure that you are now fully refreshed and recharged, ready to embark on the next phase of our journey towards excellence.

Unfortunately, the increasing level of pollution in urban areas, especially Delhi NCR, is becoming a cause for concern. With winter approaching, we should expect a spike in respiratory diseases and other seasonal illnesses. I am confident that our hospitals are well-prepared to address these challenges and have made adequate arrangements for our patients. I also urge each one of you to take adequate precautions and safeguard your health.

I am delighted to share that our Employee Engagement Survey, which aimed to gauge how satisfied our employees are, has received an overwhelming participation this year. I take this opportunity to thank you for your feedback. We value your thoughts and suggestions and are currently planning how to prioritise and implement your recommendations.

The hard work put in by each one of you is evident and amply reflected in the growing trust and confidence of our patients on Fortis. Let us resolve to put in all our energies and make sure that we continue to deliver exceptional clinical care and unmatched patient experience.

Thank you for your commitment and hard work!

Warm regards,

Ranjan B. Pandey

Chief Human Resources Officer

New Beginnings & Launches

Fortis Memorial, Gurugram, Launches North India's First MR Linac Technology, Enabling Precision Cancer Care



Ribbon cutting



MR Linac machine

Fortis Memorial Research Institute, Gurugram, unveiled North and Central India's first MR Linac on September 5, 2024 in the presence of Mr Christian Kamill, Chargé d'Affaires a.i of the Embassy of Sweden, Dr Virender Yadav, CMO, Gurugram and Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare, among others. The advanced MR Linac unit, which enables precise targeting of soft tissue cancers that are difficult to treat using conventional imaging and radiation techniques, is led by Dr A.K. Anand, Senior Director & Head - Radiation Oncology; Dr Swarupa Mitra, Director - Radiation Oncology; and Dr Amal Roy Chaudhary, Director - Radiation Oncology, along with their team of radiation oncologists, physicists, and technologists.

The state-of-the-art Elekta Unity MR Linac technology integrates Magnetic Resonance Imaging (MRI) with high-energy radiation therapy, offering unparalleled precision in targeting and treating tumours. This cutting-edge innovation represents a significant step forward in the fight against cancer, allowing real-time monitoring and treatment adjustments that minimize side effects and enhance patient outcomes.

Fortis Escorts Heart Institute Launches Aorta Centre: Leading the Way in Aortic Disease Care



Fortis Escorts Heart Institute, Okhla, launched a dedicated Aorta Centre on September 20, 2024, for the diagnosis and treatment of aortic diseases. The Centre offers the full spectrum of care, including surgical interventions, endovascular intervention, radiological diagnosis and facilities for hybrid interventions. The Centre was inaugurated by the Hon'ble Chief Guest, Shri Manoj Tiwari, Lok Sabha MP, Bhojpuri actor and singer, in the presence of Mr Anil Vinayak, Group COO, Fortis Healthcare, Dr Shiv Choudhary, Director - Aorta Centre, Dr Bishnu Panigrahi, Group Head – MSOG, Dr Narottam Puri – Advisor, Fortis Healthcare, Dr Vikram Aggarwal, Facility Director and Dr Milind Hote, Director - Adult CTVS, along with senior dignitaries from Fortis Escorts Heart Institute.

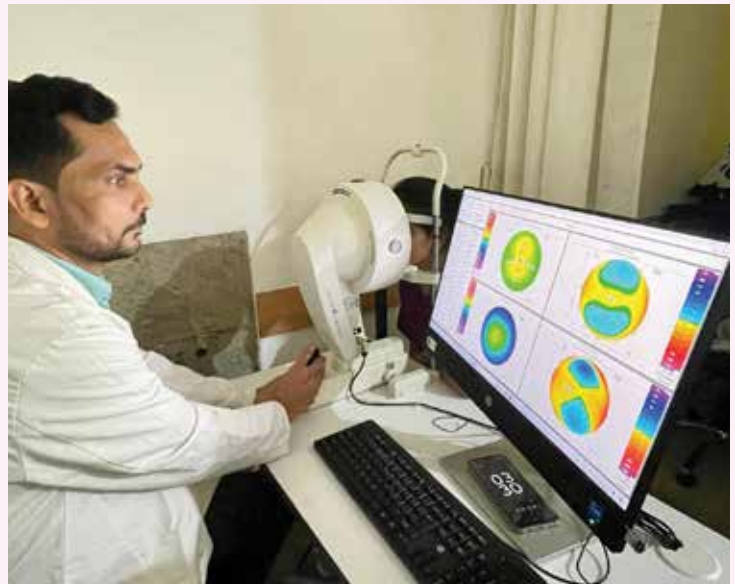
Dr Shiv Choudhary, Director - Aorta Centre, Fortis Escorts Heart Institute, Okhla said, "Aortic ailments are now impacting both the young and the elderly. Lifestyle diseases including high blood pressure and atherosclerosis are responsible for over 75% of aortic aneurysms and dissections. Genetic predisposition is another significant contributor. Though aortic diseases carry very high morbidity and mortality, early diagnosis and prompt comprehensive treatment gives rewarding results. In response to this need, we are proud to launch the Aorta Centre, one of India's most comprehensive facilities dedicated to aortic care."

Bhoomi Poojan Held for Fortis Hospital & Kidney Institute's Expansion Project



A Bhoomi Poojan ceremony was organised by Fortis Hospital & Kidney Institute, Kolkata, on October 14, 2024, marking the commencement of construction activities in a newly acquired plot. The Pooja was performed in the presence of Ms Richa Singh Debgupta, Chief of Strategy, Group Head ESG & Business Head – Jaipur & Kolkata; Dr Shivaji Basu, Chief - Urology, Dr R.K. Gopala Krishna, Director - Urology; Mr Baishpayan Mukherjee, Facility Director, FHKI & FMC and Mr Ajit Kumar, Central Project Team. The expansion project will add 15 new beds, house a CT Scan equipment and add a new OT.

Fortis Eye Institute at Fortis Memorial, Gurugram Enhances Capabilities with Cutting-Edge Technology



Fortis Eye Institute at Fortis Memorial, Gurugram, has acquired four state-of-the-art technological equipment aimed at significantly elevating the precision and outcomes of eye care services. These include:

- **Argus Biometry with DMM:** This advanced equipment enables highly accurate calculation of Intraocular Lens (IOL) power during cataract surgery, aimed at reducing patients' dependence on spectacles, including reading glasses, post-surgery.
- **Pentacam:** A comprehensive scanning tool that is crucial for the diagnosis and management of corneal diseases. It also plays a vital role in pre-LASIK evaluation and post-LASIK cataract planning, ensuring the highest precision in treatment plans.
- **Contoura Topolyser:** An upgraded version of the EX 500 Alcon LASIK machine, this cutting-edge technology allows for customized, topo-linked LASIK procedures. By correcting aberrations with unparalleled precision, it offers an advanced solution for spectacle removal.
- **Hand-Held Non-Mydriatic Fundus Camera:** This innovative device can evaluate the fundus in bedridden patients without pupil dilatation, making it an essential tool for providing comprehensive care to patients with limited mobility.

Fortis Gurugram Introduces Contoura Vision for Lasik



Fortis Gurugram is proud to announce that the advanced Contoura Vision LASIK technology is now available at Fortis Eye Institute, Gurugram. Contoura Vision is one of the most advanced vision correction procedures, offering sharper vision with enhanced precision and faster recovery times. We are offering exclusive discounts on LASIK procedures for Fortis staff and their families. Take this opportunity to see the world more clearly—because at Fortis, we believe in looking after our own.

Adayu, a Fortis Group Company, Collaborates with Alpha Healing Centre to Strengthen Rehabilitation and De-addiction Services



(L-R): Ajey Maharaj, Head- Corporate Communication, Fortis Healthcare, Mr Anil Vinayak, Group Chief Operating Officer, Fortis Healthcare, Dr Samir Parikh, Chairperson, Fortis National Mental Health Program, Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare, Dax Patel, Founder - Alpha Healing Centre, Dr Ritu Garg, Chief Innovation & Marketing Officer, Fortis Healthcare

Adayu, a Fortis Group Company, has partnered with Alpha Healing Center, a state-of-the-art, luxury rehabilitation facility in Vadodara, Gujarat. This collaboration aims to enhance mental health related services and offerings which will be overseen through clinical governance by Adayu. The collaboration was formalised on September 10, 2024, in the presence of Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare, Mr Dax Patel, Founder - Alpha Healing Centre, Mr Anil Vinayak, Group Chief Operating Officer, Fortis Healthcare, Dr Samir Parikh, Chairperson, Fortis National Mental Health Program and Dr Ritu Garg, Chief Innovation & Marketing Officer, Fortis Healthcare. Alpha Healing Center is a facility that is structured and designed to serve both domestic and international patients, with a focus on holistic mental health care.

Alpha Healing Center is a state-of-the-art facility spanning across 11 acres of serene, lush green gardens, offering residents a calm, peaceful and luxurious environment equipped with modern amenities. The center provides holistic mental health programs for patients with a variety of clinical conditions. The cornerstone of these programs is their strong clinical foundation, employing innovative and effective therapies to promote healing and recovery from addiction and other mental health challenges.

Fortis Gurugram Launches First-of-its-Kind Geriatric Care Program – 'RENEW'



On August 22, 2024, Fortis Memorial Research Institute (FMRI), Gurugram, launched its innovative Geriatric Care program, 'RENEW.' The event witnessed enthusiastic participation from over 300 senior citizens and representatives from more than eight senior citizen associations from Gurugram and Delhi, highlighting the strong community support for this initiative.

The launch featured engaging and informative sessions led by a distinguished panel of experts, including Dr Satish Koul, Senior Director - Internal Medicine; Dr Rahul Bhargava, Principal Director and Chief - Hematology, Hemato-Oncology & Bone Marrow Transplant; Dr Praveen Gupta, Principal Director & Chief - Neurology; Dr Parul Sharma, Principal Director and Head - Ophthalmology; and Dr Akash Jaiswal, Consultant - Geriatrics Care. Their contributions provided valuable insights into the specialised needs of the elderly population. Mr. Arvind Pahwa, Business Partner - FMRI, FHVK, FHSB, and Fortis Manesar, also shared valuable insights about the benefits of the Geriatric program, emphasising its significance in enhancing the quality of life for senior citizens.

The program aims to offer tailored privileges and discounts to support our senior citizens. As part of this initiative, Fortis has introduced RENEW - The Senior Citizen Privilege Card, which provides exclusive discounts and benefits not only on consultations but also across a range of other services. Additionally, a dedicated helpline has been established to cater specifically to the needs of the geriatric community, thereby ensuring that our senior citizens receive the exceptional, patient-centered care they deserve.

Fortis Mohali Launches Centre of Excellence Dedicated to Severe Asthma



(Left to right) Dr Mohit Kaushal, Dr AK Mandal, Dr Zafar Ahmad Iqbal, Dr Navreet Sandhu and Dr Digambar Behera

Fortis Hospital, Mohali, launched a dedicated Centre of Excellence (CoE) for severe asthma on October 4, 2024. This state-of-the-art dedicated Asthma Centre of Excellence is committed to adopting a systematic, guideline-based approach to effectively identify and treat severe asthma patients. The primary goals include improving disease control, reducing symptoms and exacerbations, and minimizing morbidity. Severe asthma affects patients whose conditions remain uncontrolled despite receiving maximum dosages of standard asthma medications. The centre was launched by Dr Digambar Behera, Director of Pulmonary Medicine; Dr AK Mandal, Director, Pulmonology, Sleep and Critical Care; Dr Zafar Ahmad Iqbal, Director, Pulmonology, Critical Care and Sleep Studies; Dr Navreet Sandhu, Associate Consultant, Critical Care and Sleep Studies; and Dr Mohit Kaushal, Consultant, Pulmonology, Critical Care and Sleep Studies.

New Neuro ICU Inaugurated at Fortis Escorts Hospital Amritsar



Fortis Escorts Hospital Amritsar has inaugurated a new Neuro ICU on September 12, 2024. The facility was launched by Dr Vishavdeep Goyal, Zonal Director, Yogesh Joshi, Facility Director and the Neuro Sciences Team in the presence of senior clinicians. The Neuro ICU will help provide the prompt and efficient healthcare services to the residents of the Majha region.

Fortis Hospital, Bannerghatta Road, Bengaluru Launches Renal Rehabilitation Program



The Department of Physiotherapy at Fortis Hospital, Bannerghatta Road, launched the Renal Rehabilitation Program on September 6, 2024, to mark World Physical Therapy Day. The launch was led by Dr Mohan Keshavamurthy, Senior Director – Urology, Uro-Oncology, Uro-Gynaecology, Andrology, Kidney Transplant, and Robotic Surgery, along with Dr Rajanna Sridhara, Senior Consultant – Nephrology, Dr Manjunath S, Consultant – Nephrology, Dr Ashish Parekh, Consultant – Nephrology, Mr Akshay Oleti – VP & Business Head, and Ms Jitha Joseph, Head - Physiotherapy, in the presence of patients of Chronic Kidney Disease (CKD). This pioneering initiative aims to improve the quality of life for patients with chronic kidney conditions through a comprehensive, multidisciplinary approach.

Chronic Kidney Disease affects millions of individuals globally, leading to a range of health complications and significantly impacting their daily lives. While traditional treatments primarily focus on symptom management and slowing disease progression, they often fall short in addressing the holistic needs of the patient. This is where renal rehabilitation comes in. With a focus on improving overall well-being, functional independence, and quality of life, the Renal Rehabilitation Program represents a vital component of modern kidney care.

Fortis Noida Launches Medical Room at Grand Ajnara Heritage Apartment



Fortis Hospital, Noida, inaugurated a Medical Room at Grand Ajnara Heritage Apartment, Sector 74, Noida, on September 7, 2024. The facility was launched by Mr Mohit Singh, Zonal Director – Fortis Hospital, Noida, Greater Noida & Faridabad. The medical room will provide prompt and efficient healthcare services to the residents of around 1000 flats. Senior clinicians will provide weekly OPD services and nursing support will be available during stipulated working hours.

Fortis Gurugram Launches New Dialysis Centre



Fortis Gurugram launched a new Dialysis Centre on October 4, 2024. The launch was followed by a traditional puja ceremony, which was attended by Mr Anil Vinayak, Group COO, Fortis Healthcare; Dr Salil Jain, Senior Director & HOD - Nephrology; Dr Gagan Deep Chhabra, Director & Unit Head - Nephrology; Mr Mahipal Bhanot, Senior VP & Business Head - Fortis Gurugram, Shalimar Bagh, Vasant Kunj, Defence Colony & Manesar; Mr Yash Rawat, Facility Director, Fortis Gurugram, and other senior clinicians from Fortis Gurugram.

Fortis Hospital, Greater Noida Inaugurates Medical Room at ICON Apartments



On August 31, 2024, Fortis Hospital Greater Noida inaugurated a medical room in partnership with ICON Apartments. The event was attended by distinguished guests, including Dr Praween Kumar, CEO & FD; Major General Rajeev Kumar Singh (VSM - Rtd); Mr Piyush Barjatya, Col. Raghu Nath Banerjee, and other residents of the society.

The inauguration ceremony commenced with a symbolic ribbon-cutting ceremony. Following this, esteemed dignitaries delivered heartfelt speeches, expressing their enthusiasm for the new medical facility and its potential to benefit the residents.

Fortis Escorts Faridabad Launches First-of-its-Kind Knee Clinic in City

On September 12, 2024, Fortis Escorts Hospital Faridabad, launched a dedicated Knee Clinic to address all knee-related health concerns under one roof. The clinic was inaugurated by Mr Rajiv Chawla, Chairman IAMSME, (Integrated Association of Micro Small & Medium Enterprises of India),



Yogendra Nath Awadhiya, Facility Director, Fortis Escorts Hospital Faridabad, Dr Harish Ghoota, Additional Director – Orthopaedics, Dr Ashutosh Shrivastava, Additional Director – Orthopaedics, Dr Ashok Dhar, Additional Director – Orthopaedics and Dr KD Soni, Additional Director—Orthopaedics, Fortis Escorts Hospital Faridabad.

The dedicated knee clinic provides comprehensive health solutions for various types of knee injuries and problems, offering interventions ranging from pain management through intra-articular injections and physiotherapy to corrective surgeries like osteotomies, partial knee replacement, and total knee replacement (TKR), sports injuries, including meniscal tears, ligament injuries, and arthritic conditions. Additionally, it supports lifestyle modification and physiotherapy programs to help patients recover faster. This clinic is first-of-its-kind in Faridabad, offering a holistic approach to diagnosing knee pain using radiological and clinical examinations.

Fortis Anandapur Unveils New MICU



Ribbon cutting ceremony

Fortis Anandapur, Kolkata, inaugurated the newly constructed MICU on September 4, 2024. This state-of-the-art, 13-bedded Medical Intensive Care Unit is designed for all patients, with a particular focus on those with respiratory illnesses. The ribbon-cutting ceremony was graced by Ms Richa Singh Debgupta, Senior Vice President Operations (JK) and Chief of Strategy & Operations, and Mr Ashish Mukherjee, Facility Director.

The new MICU is equipped with cutting-edge technology and infrastructure, reflecting continuous efforts to provide the highest level of care to patients.

Fortis Escorts Hospital, Faridabad Inaugurates Medical Room at Punjab General Industries Pvt Ltd

Fortis Escorts Hospital, Faridabad inaugurated a Medical Room at Punjab General Industries Pvt. Ltd. At Sec – 24, Faridabad on October 10, 2024. The facility was launched by Mr Anoop Kumar Jindal, Managing Director - Punjab General Industries Pvt. Ltd., Mr Ankit Kumar Jindal, Director - Punjab General Industries Pvt. Ltd., Mr Yogendra Nath Awadhiya, Facility Director - Fortis Escorts Hospital Faridabad, Dr Monawar Khurshid, Medical Superintendent – Fortis Escorts Hospital Faridabad and Mr Tabish Jamshed, Sales & Marketing Head – Fortis Escorts Hospital Faridabad. Fortis Escorts Hospital Faridabad now has seven medical centres across Faridabad as a part of the 'Guardians of Health Programme.



Fortis Hospital Mall Road, Ludhiana Launches Rheumatology OPD and Arthritis Package on World Arthritis Day



Fortis Hospital, Mall Road, Ludhiana, marked World Arthritis Day on October 11, 2024, by launching a special Rheumatology OPD and Arthritis Package. Dr Vikas Gupta, Consultant Rheumatologist, delivered an informative health talk to the Rotary Club members during the event, which was attended by over 30 participants. A health camp was also conducted on the same day.

The event was graced by Dr Vishvadeep Goyal, Zonal Director and SBU Head - Fortis Ludhiana & Amritsar, Mr Gurdarshan Singh Mangat, Unit Head - Fortis Mall Road, Dr Vikas Gupta, and other esteemed doctors, making it a successful initiative in raising awareness about arthritis and related health concerns.

Clinical Excellence

Over 1,170 Gallbladder Stones Removed from 36-year-old Woman's Abdomen at Fortis Escorts Faridabad

Doctors at Fortis Escorts Hospital, Faridabad, successfully extracted over 1,170 stones from the gallbladder of a 36-year-old woman. A team of doctors led by Dr B.D. Pathak, Director - General Surgery, Fortis Escorts Faridabad, conducted the surgery on October 1, 2024.

The patient was admitted after she complained of persistent and intense abdominal aches. Tests, including an ultrasound revealed the presence of multiple gallbladder stones. A few stones had passed into the common bile duct causing pancreatitis. The doctors initially performed an Endoscopic Retrograde Cholangiopancreatography (ERCP) to extract the stones from the common bile duct, followed by a single-incision laparoscopic surgery to remove the remaining stones from the gallbladder. The patient recovered swiftly and was discharged the following day in stable condition.



The patient with husband and Dr B. D. Pathak, Director - General Surgery, and Mr Yogendra Nath Awadhiya, Facility Director, Fortis Escorts Hospital Faridabad

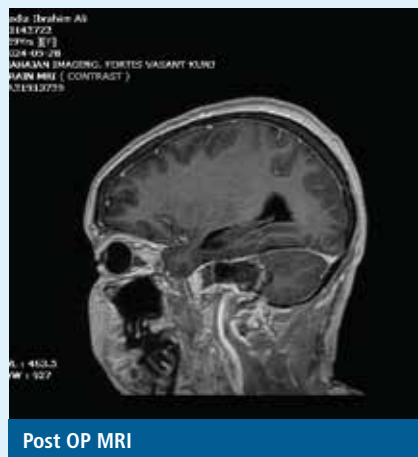


The extracted stones on display

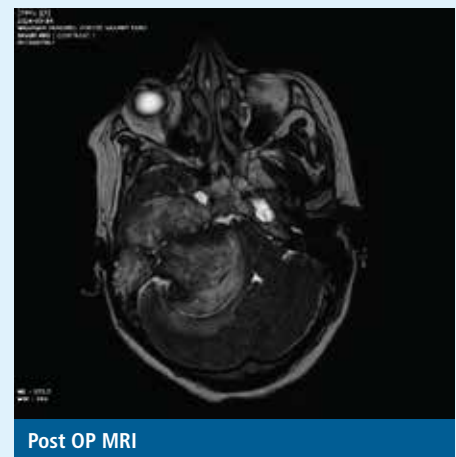
Kenyan Patient's Tennis Ball-Sized Rare Facial Tumour Removed After 15 Hour Surgery at Fortis Vasant Kunj



Pre OP MRI



Post OP MRI



Post OP MRI

A team of doctors led by Dr Anurag Gupta, Senior Consultant - Neurosurgery and Dr Yogesh Jain, ENT and skull base Surgeon at Fortis Vasant Kunj successfully treated a 39-year-old Kenyan woman suffering from facial nerve schwannoma, an extremely rare tumour that grows on the facial nerve, eventually causing facial weakness, headache as well as hearing and vision loss. The rare and challenging surgery to excise the tumour completely lasted for 15 hours.

The patient was admitted on May 24, 2024, in a conscious but irritated state. She had no vision in both eyes along with complete facial paralysis on the right side and hearing loss. The patient shared that she had been suffering from the various symptoms for the past three years. She was evaluated with MRI brain and CT angiography brain, which revealed facial nerve schwannoma. The large tumour, measuring 64.2 x 49.5 x 41.5 mm (size of a tennis ball) was located in an intricate position, which eventually caused facial palsy. The surgery went off well and the patient was discharged after 12 days in a stable condition with no neurological deficits.

Pumpkin-Sized Tumour Weighing 6.8 kg Excised from 44-Year-Old's Abdomen at Fortis Hiranandani Hospital, Vashi



(L-R) Dr Gaurav Sangam (Physician Assistant), Ms Sajni Thomas (Nursing In-charge), Dr Vineet Jadhav (Associate Consultant), with Dr Shishir Shetty (Senior Consultant-Surgical Oncology), Anne Mathew (Staff Nurse), Dr Sejal Gandhi (Consultant Anaesthesiologist), Ms Shaheen Nathani (Senior Anaesthesia Technician) & Mr Sandesh Kamble (Operation Theatre Assistant & Technical Supervisor)



The tumour excised by Dr Shishir Shetty & his team

A team of doctors led by Dr Shishir Shetty, Senior Consultant - Surgical Oncology, Fortis Hiranandani Hospital Vashi, successfully removed a pumpkin-sized adrenal tumour weighing 6.8 kilograms from the abdomen of a 44-year-old female patient, on August 29, 2024. The tumour, also known as Pheochromocytoma, was detected during a routine check-up. While adrenal tumors usually measure around two to eight centimeters and weigh below five kgs, in this case, the tumor had grown to an unusually large size, measuring 23 x 24 x 23 cm. A tumour of this size requires a multidisciplinary approach for effective management. Her case was further complicated due to her medical history of hypertension, for which she had been on medication for the past two years. Thus, when she approached the medical team at Fortis, they proceeded with utmost caution as a surgery for Pheochromocytoma can cause the patient's blood pressure to fluctuate drastically. Dr Shetty said, "The patient's blood pressure had shot up to 200 mm/Hg during surgery, but we were able to successfully remove the tumour within 20 minutes."

Fortis Gurugram Achieves Landmark Success in Treating First-of-a-Kind Chronic Budd-Chiari Syndrome with Chronically Occluded Portomesenteric Venous System



In a groundbreaking procedure, the Interventional Radiology team, led by Dr Saurabh Kumar, Director & Head - Interventional Radiology with Dr Apoorva, Consultant - Interventional Radiology, successfully performed a complex portal vein reconstruction via the umbilical vein, followed by Direct Intrahepatic Portosystemic Shunt (DIPS) from the portal to the suprhepatic inferior vena cava (IVC) stent. This was performed on a 14-year-old child suffering from chronic Budd-Chiari Syndrome and extrahepatic portal vein obstruction (fibrosed hepatic veins, portal, and proximal mesentericosplenic veins), presented with recurrent ascites and impending hepatic failure.

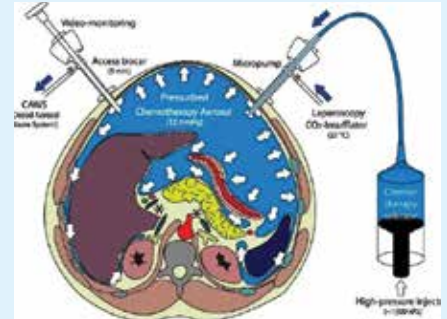
This case is the first of its kind in the world where the umbilical vein was innovatively utilized for reconstructing the portal vein and executing DIPS—a technically challenging procedure that has not been reported in global medical literature before via this approach.

Following the surgery, the patient showed significant improvement in liver function and ascites, with a fully functioning stent noted at the 1-week follow-up. This milestone highlights the cutting-edge expertise and innovation demonstrated by Fortis Gurugram's medical team in the field of interventional radiology.

Doctors at Fortis Mohali Conduct First PIPAC Procedure

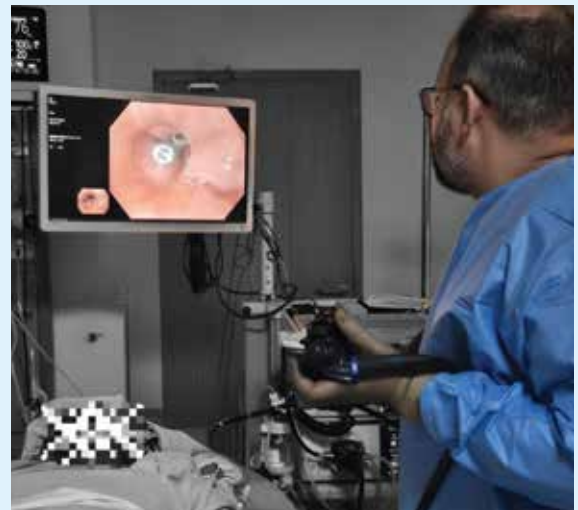


Dr Jitender Rohila



Dr Jitender Rohila, Consultant - Surgical Oncology and Robotic Surgeon, Fortis Hospital Mohali, successfully conducted the first PIPAC (Pressurised Intraperitoneal Aerosolised Chemotherapy) procedure on August 26, 2024. It is a novel technique for intraperitoneal delivery of chemotherapy available at a select few centres in India. It is useful in advanced stage abdominal cancers primarily ovary, colorectal, stomach and mesothelioma patients who have failed on other cancer directed treatments. It is also useful in controlling ascites formation in advanced abdominal cancers.

FMRI Gurugram Treats Rare Killian-Jamieson Diverticulum with Advanced Third-Space Endoscopy (KJ-POEM)



Fortis Gurugram marked a significant milestone by becoming the first in North India to treat a rare case of Killian-Jamieson Diverticulum, an upper esophageal disorder, using a cutting-edge modified Per-Oral Endoscopic Myotomy (POEM) technique. This advanced third-space endoscopy method offers a minimally invasive solution for managing complex esophageal conditions, marking a significant step forward in patient care.

The patient, a 48-year-old man from Kenya, had experienced difficulty in swallowing and chronic food reflux for many years. After evaluation in his home country, doctors initially recommended open surgery, which carried the risk of nerve injury affecting vocal cord function. The patient sought a safer alternative and was referred to FMRI Gurugram for specialised endoscopic treatment.

The experienced GI team at FMRI, led by Dr Gourdas Choudhuri, Chairman - Gastroenterology, along with Dr Rinkesh Bansal, Additional Director, and Dr Zubin Dev Sharma, Senior Consultant in Gastroenterology, diagnosed the rare condition and tailored the POEM technique to address the diverticulum.

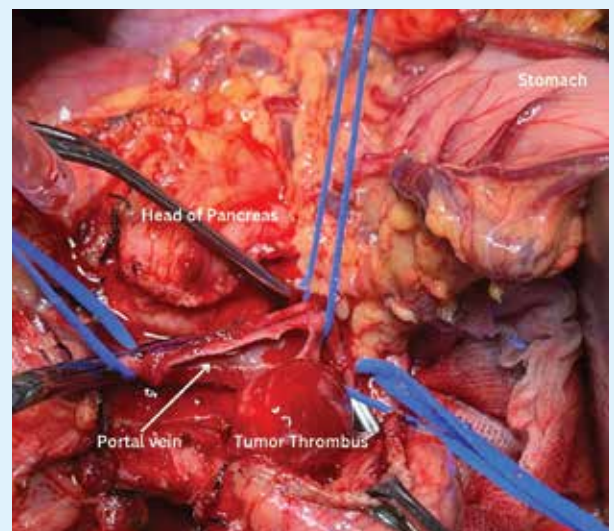
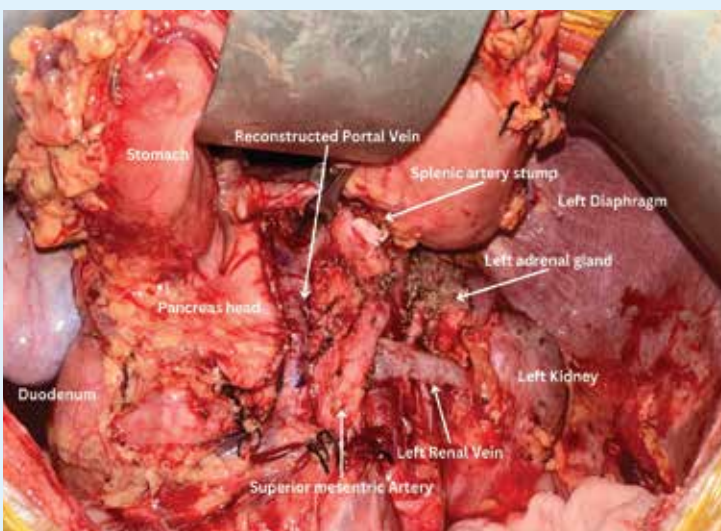
The procedure was performed endoscopically on October 1, 2024, and took about 30 minutes, without the need for incisions. The patient was able to consume liquids on the same day, resumed a normal diet within 48 hours and was discharged the following day. The smooth execution of the procedure was further ensured by the expert anesthesia team, led by Dr Balkar Singh, Principal Director -Anaesthesiology and Dr Sachin Kumar Gupta, Senior Consultant - Anaesthesiology.

Doctors at Fortis Mohali Perform Robotic Radical Nephrectomy with IVC Thrombectomy



A team of doctors led by Dr Dharmender Aggarwal, Consultant, Uro-oncology and Robotic Surgery, Fortis Hospital Mohali, has conducted Robotic Radical Nephrectomy with IVC Thrombectomy on a 62-year-old patient on September 19, 2024. Dr Aggarwal performed complete IVC dissection robotically and took control at 3 points -- infra-renal IVC, supra-renal IVC and opposite renal vein. IVC was slinged and clamped with robotic bull dog clamps and the cavotomy was performed. The entire tumour thrombus was removed along with adjacent wall of IVC. Further, IVC was repaired with prolene 4-0 suture and warm ischaemia time remained 12 minutes 10 seconds. The total blood loss was 250 ml and the patient was discharged after three days.

62-Year-Old Undergoes Complex Pancreas Cancer Surgery and Vascular Reconstruction at Fortis Mohali



A team of doctors led by Dr Jitender Rohila, Consultant – GI Surgical Oncology and Robotic Surgeon, Fortis Hospital Mohali, has successfully conducted a complex pancreas cancer surgery on a 62-year-old male patient from Kashmir, on September 29, 2024. The RAMPS (Radical Antegrade Modular Pancreatosplenectomy) procedure was conducted along with Type 1 Portal Vein Reconstruction resulting in complete cancer clearance and an uncomplicated recovery. The patient had presented with an advanced pancreas body cancer with associated vascular involvement - portal vein tumour thrombosis. The case assumes significance as such type of complex pancreas cancer surgeries with vascular involvement are conducted only at a few select hospitals in India.

Milestones

Fortis Mall Road, Ludhiana Celebrates Completion of 100 Robotic Joint Replacement Surgeries



Fortis Mall Road, Ludhiana, celebrates completion of 100 robotic joint replacement surgeries. Fortis Hospital Mall Road, Ludhiana, celebrated a significant milestone by completing 100 robotic joint replacement surgeries. This remarkable achievement has been made possible through the collective efforts of the entire Orthopaedics & Joint Replacement Team under the leadership of Dr Sanjeev Mahajan, Director - Orthopaedics. During the cake-cutting ceremony, Dr Vishvadeep Goyal, Head - SBU Fortis Amritsar & Ludhiana; Mr Gurdarshan Singh Mangat, Unit Head - Fortis Mall Road; Dr Harminder Singh Pannu, Director Internal Medicine; Dr Sanjeev Mahajan, Director - Orthopaedics, and other esteemed doctors were present, marking the occasion as a testament to excellence in patient care and medical innovation.

Fortis Gurugram Celebrates Dr Udgeath Dhir's Milestone in Cardiac Surgery



Fortis Memorial Research Institute, Gurugram, proudly celebrated a significant milestone in cardiac surgery excellence on September 27, 2024. Dr Udgeath Dhir, Senior Director & Head, CTVS & Heart Transplant, has successfully completed over 500 minimally invasive cardiac surgeries.

The achievement was honored with a cake-cutting ceremony, attended by senior clinicians from Fortis Gurugram, recognising Dr Dhir and his team's dedication to advancing cardiac care.

Fortis Mohali Performs its First Ever ABO Incompatible Living Donor Liver Transplant



Liver Transplant Team, Fortis Mohali

Fortis Hospital Mohali performed its first-ever an ABO incompatible Living Donor Liver Transplant in the North Region on August 19, 2024. Both the recipient and the donor were discharged without any complication on post-operative Day 9 and 4, respectively. The team of doctors comprising Dr JD Wig, Dr Milind Mandwar, Dr Arvind Sahni, Dr Jasmeet Kaur, Dr Swati Gupta, Dr Sunil Kumar and Dr Sahil Rally accomplished the feat. The 49-year-old male patient was suffering from liver failure and as there was no blood group compatible donor in the family, ABO incompatible Liver Transplant was done. This event marks a significant achievement for Fortis Mohali, which has already established itself as the first private healthcare facility north of Delhi-NCR to become a Centre of Excellence for Living as well as Deceased Donor Liver Transplants.

Fortis Kalyan's First Blood Donation Drive Helps Collect 101 Units



(Seated in the centre) Fortis Hospital Kalyan's Ms Madhavi Varik with the blood collection team & the participants from BITSOM



Blood Donation camp at BITSOM is underway here

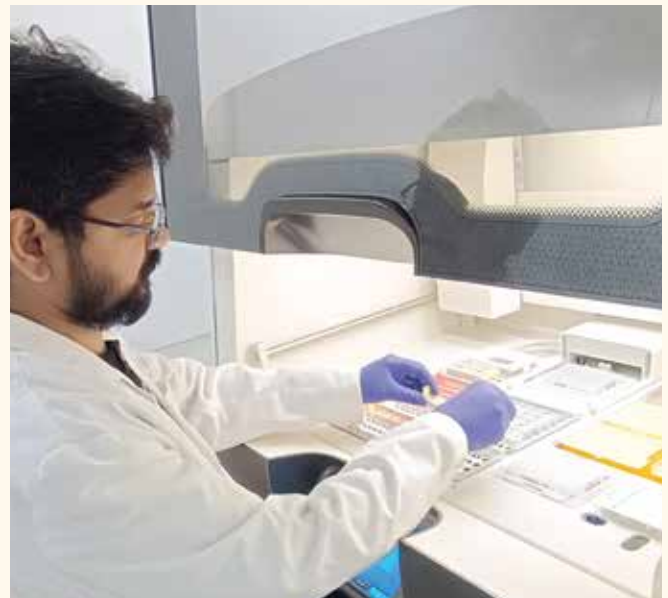
On September 3, 2024, Fortis Hospital Kalyan conducted a blood donation drive in collaboration with Fortis Hospital, Mulund at BITSOM (Management Institute of BITS Pilani) at Shahad, Mumbai. In a record-breaking achievement, 101 units of blood were collected from participants, including students, staff, catering personnel, security and housekeeping staff. This initiative marked the first-ever blood donation drive for Fortis Hospital Kalyan, driven by the dedicated efforts of the team at Fortis Hospital, Mulund, and the enthusiastic participation from the BITSOM community. The initiative was spearheaded by Ms Madhavi Varik, Head - Sales & Marketing at Fortis Hospital, Kalyan, with valuable support from Dr Lalit Dhantole, Head - Blood Bank, Fortis Hospital, Mulund.

Fortis Gurugram Celebrates Milestone Achievement of 100+ Gamma Knife Surgeries



On October 24, 2024, Fortis Gurugram celebrated a significant milestone by completing over 100 successful Gamma Knife surgeries. The event featured a cake-cutting ceremony to honour the dedication and expertise of the Neurosurgery Department, led by Dr Rana Patir, Chairman - Neurosurgery & Gamma Knife, and Dr Sandeep Vaishya, Executive Director & HOD - Neurosurgery & Gamma Knife. The celebration was attended by Mr Yash Rawat, Facility Director - Fortis Gurugram, along with senior clinicians and staff, who gathered to recognise the team's commitment to excellence in neurosurgery. The occasion not only acknowledged the department's achievements but also reinforced Fortis Gurugram's vision for clinical excellence and innovation in healthcare.

Fortis Gurugram Sets New Benchmark in Genomic Testing



Fortis Gurugram has achieved a remarkable milestone in genomic testing, reporting 110 myeloid NGS (Next-Generation Sequencing) samples within just three months of launching its new genomic venture. Using the advanced Genexus machine, the median turnaround time for myeloid NGS is 5.3 days—far ahead of the industry standard of 15±6 days.

Liquid biopsy services for solid malignancies have also shown exceptional efficiency, with a median turnaround time of 1.2 days for 15 samples, compared to the global average of 11.2 days. All samples were processed without repeats or rejections.

Led by Dr Rahul Bhargava, Principal Director & Chief of Haematology, Haemato Oncology & Bone Marrow Transplant, and Dr Shrinidhi Nathany, Consultant Molecular Hematology & Oncology, this breakthrough ensures faster, more accurate diagnosis, helping patients avoid unnecessary treatments and costs.

Dr Ritu Garg, Chief Growth & Innovation Officer, Fortis Healthcare, and Mr Yash Rawat, Facility Director, Fortis Gurugram played a key role in making this genomic advancement a reality.

Special Features



Fortis Hospital, Ludhiana



On September 29, 2024, Fortis Ludhiana observed World Heart Day with Cyclothon 2.0 to promote heart health awareness. The event, which drew the participation of over 1000 cyclists, commenced at Fortis Hospital Mall Road and culminated at Fortis Hospital Chandigarh Road, Ludhiana. The Chief Guest, Mr Jitendra Jorwal, Deputy Commissioner, Ludhiana, flagged off the cyclothon along with Dr Vishavdeep Goyal, Zonal Head, Fortis Hospital Amritsar and Ludhiana, Mr Gurdarshan Singh Mangat, Unit Head, Dr Paramdeep Singh Sandhu, Director - Cardiology, Dr Sandeep Chopra, Director - Cardiology, Dr Manender Kumar Singla, Additional Director - Cardiac Anaesthesia and Dr Nikhil Bansal, Consultant Cardiothoracic and Vascular Surgery. The event also featured fun activities like Zumba, Bhangra, Giddha and an RJ entertaining the crowd. Participants received heart-healthy breakfasts, certificates, discounted coupons and medals, promoting heart fitness through cycling.

Fortis Hospital, Mohali



To commemorate World Heart Day, Fortis Hospital Mohali organised two CPR training sessions titled 'One Beat, One Life' on September 29, 2024. The workshops aimed to equip the public with essential knowledge on how to handle cardiac emergencies. The sessions, led by trained clinical instructors Ruchi and Shivani, were held during the morning hours at Sukhna Lake, and then later in the evening at CP-67 Mall, Mohali. The workshops focused on teaching vital life-saving skills, including how to assess a person who has collapsed, when and how to administer CPR, and the proper technique for chest compressions. The Fortis Mohali team engaged the public with interactive quizzes on heart health and medical emergencies, which were followed by Zumba and Bhangra sessions, and hands-on CPR training.

Fortis Hospital Nagarbhavi, Bengaluru



Fortis Hospital Nagarbhavi observed World Heart Day by organising a series of engaging activities on September 28-29, 2024, aimed at educating the public on the importance of preventive measures and the critical role of timely intervention in cardiac emergencies. A heart health knowledge quiz was conducted for patients, testing their understanding of cardiac emergencies and appropriate responses. To reinforce the message of heart health, participants assembled jigsaw puzzles, each revealing a motivational quote. Winners of the quiz were rewarded with essential health monitoring devices, such as BP apparatus, pulse oximeters, and glucometers. Fortis Nagarbhavi extended its outreach beyond the hospital premises with cycling challenges at two well-known shopping malls. These events featured activities like push-up contests, balloon blowing, and heart risk assessments using the American College of Cardiology's calculator. To further promote accessible healthcare, the hospital organised health check-up camps at colleges, parks, and churches, offering basic health evaluations to the general public. As a symbolic gesture of solidarity, Fortis Hospital Nagarbhavi was illuminated in red, a colour universally associated with heart health. This visual reminder encouraged individuals to prioritize their heart health through prevention and healthy lifestyle choices.

Hiranandani Hospital, Vashi



Lecture series being conducted by Senior Consultant -Interventional Cardiology - Dr Prashant Pawar



Quiz competition is underway here

In backdrop of World Heart Day on September 29, 2024, Hiranandani Hospital - A Fortis Network Hospital in Vashi observed September as 'Cardiology Month'. A key feature of this initiative was a series of six lectures led by Dr Prashant Pawar, Senior Interventional Cardiologist. Additionally, four senior nurses delivered presentations focusing on essential nursing care for cardiology patients. A comprehensive algorithm for the immediate management of suspected chest pain was developed and training sessions were conducted for all nursing staff.

To further enhance skills, the organising team at Hiranandani Hospital, Vashi hosted two external training sessions on ECG Interpretation and Advanced Cardiac Life Support. The month concluded with a fun-filled quiz competition that provided an engaging way to reinforce knowledge about cardiac patient care. The team also launched a Certification Course in Cardiac Nursing on September 24, with 11 nurses enrolling for the course.

Fortis Hospital, Gurugram



In celebration of World Heart Day, Fortis Hospital, Gurugram, launched an initiative titled 'Healthy Heart – Essential for the Corporate Community,' focusing on promoting heart health among working professionals. As part of this initiative, expert cardiologists from Fortis Hospital Gurugram conducted live podcasts at the premises of leading corporates and streamed them across their PAN India offices. The event took place between September 24-October 8, 2024.

The panel of experts included Dr. Udgeath Dhir, Senior Director & Head - CTVS & Heart Transplant, Dr Vinayak Agarwal, Senior Director & Head - Non-invasive Cardiology and Dr. Anurag Passi, Senior Consultant - Cardiology. During the podcasts, the doctors discussed essential topics such as heart diseases and prevention, the importance of exercise and a balanced diet, expert guidance on managing sudden heart attacks, and the latest research on heart health.

Participating corporates included Hindustan Unilever Limited, CNHI, Shree Cements, Morepen Laboratories, Powergrid, REC and NTPC. These activities served as a unique way to foster community engagement among employees, providing support and education while fitting seamlessly into their busy schedules. Employees could listen and learn during commutes, workouts, or daily routines, helping to promote healthier lifestyles in practical ways.



Fortis Escorts Hospital, Faridabad



On September 28, 2024, Fortis Escorts Hospital Faridabad marked World Heart Day by organising a 'Healthy Heart Drive (Walkathon)' followed by an energetic Zumba session to raise awareness about the rising incidence of cardiac ailments. The event was graced by Chief Guest Mr Abhishek Jorwal, IPS, DCP Headquarters, Faridabad, who flagged off the walkathon alongside Mr Yogendra Awadhiya, Facility Director; Dr Sanjay Kumar, Director & HOD - Cardiac Sciences and Dr Kamal Gupta, Principal Consultant - Cardiology.

The walkathon saw enthusiastic participation from over 200 people, including doctors and hospital staff. The 4 km walk ended with a collective pledge to maintain a healthy heart. Additionally, Fortis Escorts, Faridabad, organised an in-house Basic Life Support Training through a skit performed by the nursing team in the OPD area. The training aimed to educate and empower individuals to respond effectively in emergency situations, enhancing patient safety and community well-being.

Fortis Hospital, Vasant Kunj



Fortis Hospital Vasant Kunj marked World Heart Day on September 29, 2024, with a series of events promoting heart health awareness and proactive cardiovascular care. The highlight was a Cyclothon, where over 370 cyclists rode to spread awareness about heart disease prevention, followed by a vibrant Zumba session, encouraging participants to prioritise cardiovascular well-being.

The event was graced by Mr Rohit Meena, DCP South West Delhi, as the Chief Guest, alongside senior leaders, including Mr Mahipal Singh Bhanot, Senior VP & Business Head of Fortis Gurugram, Shalimar Bagh, Vasant Kunj, Defence Colony & Manesar; Dr Gurvinder Kaur, Facility Director; Dr Tapan Ghose, Senior Director; Dr Ranjan Kachru, Additional Director; Dr Sanjay Gupta, Director; Dr Purneshwar Pandey, Consultant and other Senior Clinician, Admin Team & RWAs Members.

Street Play



Reinforcing its commitment to promoting community health, Fortis Hospital Vasant Kunj organized a captivating Nukkad Natak (street play) on September 28, 2024, to raise awareness about Heart Health and showcase its Emergency services. The event, held at Vasant Square Mall and Ambience Mall in Vasant Kunj, engaged over 500 passers-by through performances, blending education with entertainment. The initiative effectively communicated critical health messages to a diverse audience.

Fortis Escorts Heart Institute, New Delhi



On World Heart Day, Fortis Escorts Heart Institute, New Delhi, spearheaded a series of impactful initiatives to raise awareness about cardiovascular health. The hospital collaborated with RJ Khurafati Nitin and senior clinicians for an engaging studio shift, where they highlighted the importance of heart health, shared valuable tips on disease prevention, and encouraged listeners to adopt healthier lifestyles, health camps in RWAs offering free heart check-ups and consultations, health talks by top doctors in communities and corporate spaces, awareness drives with Zee Media and public engagements at malls and distribution of fridge magnets with heart health tips.

These efforts educated thousands, encouraging heart-healthy lifestyles and reaffirming Fortis Escorts Heart Institute, New Delhi leadership in heart care and community outreach.

Fortis Hospital, Mulund



Dr Manjeet Singh Arora (2nd from right) with the organizing team from RTO Thane

On September 29, 2024, in celebration of World Heart Day, the Community Connect Team at Fortis Hospital Mulund organised a comprehensive CPR training session at RTO Thane, led by the esteemed Dr Manjeet Singh Arora, Senior Consultant - General Physician. The event attracted over 2,000 participants, including Police officers, local teachers and other community members, all eager to enhance their life-saving skills. The training focused on the importance of CPR in emergencies, equipping attendees with the knowledge and confidence to respond effectively in critical situations. Participants engaged in hands-on practice, making it an engaging learning session.

In addition to the CPR training, the team also conducted a basic medical screening for all participants. This included ECG and BMI checks. The participants were provided with valuable insights about their health, fostering awareness about cardiovascular health. The organising team including Ms Rinku Mavani, Business Partner-Sales, Fortis Mumbai, along with Fortis Hospital Mulund's Ms Manjusha T.R., Senior Manager-Community Connect & MCH and Mr Jaseem Khan, Senior Officer - Community Connect, expressed gratitude to the RTO officials for their support.



Fortis Hospital, Gurugram



From 4th to 6th October, Fortis Gurugram took a monumental step in promoting breast cancer awareness by illuminating Delhi's iconic Qutub Minar in pink to mark Breast Cancer Awareness Month this October.

This historic structure glowed in pink each evening, symbolizing the importance of timely screening, early detection, and accurate diagnosis of breast cancer. This initiative is not only a call to action in the fight against breast cancer but also a tribute to the resilience and strength of those who have fought the disease. It underscores the vital need for women, especially those over 40, to undergo annual mammograms, as early detection significantly improves survival rates.

The first evening of the illumination saw the presence of esteemed dignitaries, including Dr Vedant Kabra, Principal Director of Surgical Oncology; Dr Suman Karanth, Senior Consultant of Medical oncology; Mr Mahipal Bhanot, Senior VP & Business Head of Fortis Gurgaon, Shalimar Bagh, Vasant Kunj, Defence Colony & Manesar; Mr Yash Rawat, Facility Director of Fortis Gurugram amongst others.

By lighting up Qutub Minar, Fortis Healthcare aims to create a powerful visual message that reinforces its commitment to raising awareness, supporting survivors, and promoting breast cancer education.

#DalGoesPink



On October 5, 2024, Fortis Gurugram led a meaningful initiative to raise awareness about the rising incidence of breast cancer. Held near Srinagar's Dal Lake, the event featured 150 Shikaras adorned with pink ribbons and the release of 2,000 pink balloons into the sky. Local artists performed traditional Kashmiri folk dances, adding to the celebratory atmosphere. Tourists were also offered free Shikara rides, encouraging participation and spreading the critical message of early detection and regular screening.

The event commenced with a press briefing led by Dr Ankur Bahl, Senior Director of Medical Oncology, Fortis Gurugram; Dr Farah Farooq, Centre Manager of Fortis Medical Centre, Srinagar; Dr Ritu Garg, Chief Innovation and Growth Officer of Fortis Healthcare; Mahipal Singh Bhanot, Senior VP & Business Head of Fortis Gurugram, Shalimar Bagh, Vasant Kunj, Defence colony & Manesar; Mr Yash Rawat, Facility Director of Fortis Gurugram and Dr Khalid Hussain Malik, Additional DC of Srinagar, who also graced the event as the Chief Guest.

With the theme of Breast Cancer Awareness Month resonating across the Dal Lake, this initiative reflects Fortis Gurugram's ongoing efforts to educate about the importance of regular screenings and self-examinations, empowering people to take proactive steps in managing their health.

Fortis Hospital, Gurugram

On October 22, 2024, Fortis Gurugram organised a Breast Cancer Awareness Program at the Government Girls College, Sector-52, Gurugram, focusing on early detection and education. This initiative included a specialised Breast Cancer Early Detection Training Program designed to empower young women with knowledge about the importance of regular screenings and self-examinations. With over 250 participants, the event aimed to create a network of informed advocates who can further educate their peers on breast cancer prevention. The day included interactive health talks, practical training sessions, and certificate distributions, emphasising the initiative's goal to foster community engagement in health education.



The program featured talks by Dr Ankur Bahl, Senior Director - Medical Oncology; Dr Vedant Kabra, Principal Director - Surgical Oncology and Dr Niranjan Naik, Senior Director - Surgical Oncology, who shared valuable insights on breast cancer awareness and the need for proactive health measures along with Dr Rahul Bhargava, Principal Director & Chief - Haematology, Haemato Oncology & Bone Marrow Transplant who also shared the broader implications of cancer awareness in society.

Fortis Bannerghatta Road, Bengaluru



Fortis Hospital, Bannerghatta Road, Bengaluru, hosted the 'Pink Strong' Walkathon on October 6, 2024, as part of its ongoing efforts to raise awareness about breast cancer. The initiative emphasised the importance of regular screening, early detection, and prevention. The event drew over 450 participants, including breast cancer survivors, doctors and members of the community.

The walkathon commenced at 6:00 AM at Fortis Bannerghatta Road and covered a 5 km route to Gopalan Mall and back. The keynote address was delivered by Dr Monika Pansari, Senior Consultant – Surgical Oncology, Dr Vivek Belathur, Senior Consultant – Medical Oncology and Mr Akshay Oleti, Business Head - Fortis Hospitals, Bengaluru.

Fortis Hospital, Ludhiana



Fortis Hospital Chandigarh Road and Mall Road, Ludhiana, commemorated Breast Cancer Awareness Month by illuminating the historic Clock Tower (Ghanta Ghar) in pink, symbolising the significance of regular screenings and early detection in breast cancer prevention. The event, held on October 25, 2024, attracted a large, enthusiastic crowd from Ludhiana, showing strong community support. Esteemed attendees included Mr Jasdev Singh Sekhon, Zonal Commissioner of Ludhiana; Dr Vishavdeep Goyal, Zonal Head of Fortis Amritsar and Ludhiana; Dr Gurdarshan Singh Mangat, Unit Head of Fortis Mall Road Ludhiana; and the Fortis Oncology team, represented by Dr Harish Matta, Director - General & Onco Surgery, Dr Davinder Paul, Senior Consultant of Medical Oncology; and Dr Anish Bhatia, Consultant of Surgical Oncology. Following the illumination ceremony, a Breast Cancer Survivors' Meet celebrated the resilience of survivors, reinforcing the message of early detection's life-saving impact. In their addresses, Mr Sekhon and Dr Goyal highlighted the importance of community support, timely screenings, and effective treatment in advancing cancer care.



Fortis Escorts, Faridabad



Fortis Escorts Hospital, Faridabad, observed World Patient Safety Day on September 17, 2024, by organising various educative sessions for patients and staff members. The day started with preparation of posters by the new joinees of VIROHAN, which were displayed in the patient area to educate patients. A skit based on International Patient Safety Goals (IPSGs) was performed to educate staff, emphasising the importance of identifying patients correctly (1st Goal) and reducing the risk of patient harm resulting from fall (6th Goal). A discussion on all the six IPSGs were explained in detail by Ms Shweta Sharma, Clinical Instructor, Fortis Escorts Hospital, Faridabad. This was followed by a lively Q&A session.

Fortis Hospital, Mulund

Fortis Hospital Mulund celebrated World Patient Safety Day, on September 17, 2024, aligning with the WHO theme: "Improving Diagnosis for Patient Safety: Get It Right, Make It Safe". The day began with an address by Dr Vishal Beri, Facility Director, Fortis Mulund urging clinicians to focus on enhancing diagnostic accuracy for improved patient safety. In a symbolic gesture, the hospital building was illuminated in Orange, reflecting global solidarity for patient safety. To raise awareness among patients, families, and healthcare workers, the theme of 'safe diagnosis' was broadcast through the Public Announcement (PA) system & Digital Standees across the facility, encouraging patients and their families to partner with healthcare teams for timely and accurate diagnoses.



(2nd from right) Dr Sandeep Gore addressing the Fortilaria gathering

In Fortilaria, Dr Supriya Amey, Medical Director, Fortis Hospital Mulund discussed the critical importance of accurate diagnosis, teamwork, and patient involvement in ensuring safety. The session also featured a collaborative skit presented by the Clinical Nursing, Clinical Pharmacy, Laboratory, and Radiology teams, underscoring the significance of rational investigations and doctor-patient interaction for optimal treatment outcomes. Dr Sandeep Gore, Director-Emergency Medicine, Fortis Hospital Mulund shared cases from the ER, illustrating how timely and accurate diagnosis is achieved through clinical expertise and the efficient use of technology, aligning perfectly with this year's theme.

Fortis Hospital, Kalyan

Patient Safety Week 2024 at Fortis Hospital Kalyan concluded with an enthusiastic celebration on September 30 and October 1, 2024. The event kicked off with an engaging 'Test Your Knowledge' competition, which focused on on-the-job training, allowing staff to enhance their understanding of various safety protocols within the hospital. This was followed by a quiz competition that challenged all hospital staff on different aspects of patient safety, promoting a culture of awareness and vigilance.

On the second day, the hospital's safety team, including Ms Azra Momin, Nurse Educator; Ms Janet David, Nurse Educator; Ms Chaitali Kadam, Infection Control Nurse; Ms Pratibha Shimpi, Patient Safety Officer; Ms Shinu Thomas, Patient Experience Officer; Mr Pritesh Joglekar, Radiology Safety Officer and Mr Sandip Sutar, Security & Safety Officer, conducted an informative health talk for patient attendants. The efforts were coordinated under the leadership of Mr Mohit Wankhade, Facility Director and Ms Ruby Lobo, Chief Nursing Officer. One of the highlights of the week was an essay writing competition focused on the theme of patient safety, which saw participation from 17 staff members. The celebration concluded with a ceremony recognising the winners of the various competitions.



(L) Mr. Kaustubh Kolwankar, Unit Head-Administration, Fortis Hospital Kalyan with winners of the quiz competition

Fortis Hiranandani Hospital, Vashi

On September 17, 2024, Fortis Hiranandani Hospital, Vashi – A Fortis Network, observed World Patient Safety Day 2024, by organising a series of engaging activities aimed at both clinical and non-clinical staff. These activities included role plays and live demonstrations designed to foster a deeper understanding of patient safety. The role plays concentrated on critical topics such as the narcotics policy and the prevention of medication errors. A diverse group of participants- including doctors, nurses, and Pharmacists—collaborated in these scenarios, enhancing their knowledge and teamwork skills. By simulating real-life situations, the activities emphasized the importance of adhering to narcotic regulations and implementing effective practices to reduce medication errors.



In the afternoon, the focus shifted to the safe transportation of patients, with live demonstrations led by the Quality Head Ms Poonam Kanaskar, specifically for the housekeeping staff. This segment highlighted the crucial role that safety plays during patient transport, ensuring that all team members recognize their responsibilities in maintaining patient well-being. Overall, the event was marked by hands-on learning, allowing participants to grasp the significance of a safe narcotics policy and the essentials of medication safety. These initiatives not only reinforced existing knowledge, but also fostered a collaborative environment dedicated to improving patient care and safety across the hospital.

Fortis Hospital, Mohali



In support of WHO's Global Campaign on Patient Safety, Fortis Hospital Mohali organized a series of activities to commemorate World Patient Safety Day on September 17th, 2024. This year's theme, "Improving Diagnosis for Patient Safety," was the focus of the events, which included a panel discussion, a slogan competition, and the lighting of a monument as part of the awareness campaign. The panel discussion, chaired by Dr Bishnu Panigrahi, Group Head - MSOG, and moderated by Dr Shweta Prabhakar, Head of Quality and Patient Safety at Fortis Mohali, featured senior clinicians. The top three winners of the slogan competition were awarded, and the Fortis tower was illuminated in orange as a symbol of solidarity.



Fortis Hospital, Mohali



Fortis Hospital Mohali organised a quiz contest for over 120 students from 12 schools of the Tricity as part of the National Nutrition Week celebrations on September 2, 2024. Dietician Sonia Gandhi, Head - Dietetics and Nutrition along with her team welcomed the students of Classes 4 and 5. The event started with the ceremonial lamp lighting. The event was aimed to raise awareness about the importance of nutrition and healthy eating habits among students. Students from Shemrock School, Mohali; St Xaviers, Mohali; Saupins Mohali; Amity International School, Mohali; DAV, Panchkula; KBDVA School, Chandigarh; Learning Paths, Mohali; Shivalik Public School, Mohali; YPS School, Mohali; AKSIPS-41, Chandigarh; Mount Carmel, Chandigarh; and Oakridge International School, Mohali, participated in the contest. Mr Abhijit Singh, Head-SBU; Dr Vikramjit Singh, Medical Director; Mr Indrajeet Singh, General Manager - Operations; and Ms Nikethana, Chief of Nursing, were also present.

Fortis Escorts, Okhla Road, New Delhi



The Department of Nutrition and Dietetics at Fortis Escorts, Okhla Road, New Delhi celebrated Rashtriya Poshan Maah through the month of September 2024 in line with the Government of India's focus areas for this year, which included anaemia prevention, growth monitoring, complementary feeding, the initiative "Poshan bhi, Padhai bhi," the use of technology for better governance, and environmental protection.

Various activities were organised by the department to promote these themes:

- **Nutrition Cross Ward - Irony Treasure:** A fun and interactive event in which all staff participated.
- **Nutrition Knowledge Dip:** A quiz designed for staff, which was highly enjoyed and appreciated by the participants.
- **Healthy Lifestyle Education for Attendants:** A session conducted by Daljit Kaur, Head of the Department, educated attendants on maintaining a healthy lifestyle.
- **Recipe Competition & Anemia Mukh Abhiyan:** A cooking contest focused on anaemia prevention, encouraged staff to create nutritious recipes.
- **Complementary Feeding Education:** A session aimed at educating mothers about the importance of complementary feeding for their children.
- **Ek Podha Maa ke Naam:** A plantation drive organised to promote environmental protection and honour Mother Earth.

These activities highlighted the importance of nutrition, health, and sustainability, engaging staff and patients alike in the mission for better well-being.

Fortis Hospital, Vasant Kunj



The Nutrition Department at Fortis Vasant Kunj organised a series of events on the occasion of National Nutrition Week, celebrated from September 1-7, 2024, to create awareness among people about the importance of proper nutrition. On the first day, a desk activity for staff, the healthy tiffin contest, was organised and appreciation and gifts were given to qualifying staff. Recipe competition for staff with the theme of iron rich recipe was organised along with poster competition on the fourth day.

On September 5, a health talk by Ms Ruchika Jain, Chief Dietician, and live cooking session of millets-based recipe by the Chef was organised for neighbourhood residential society members along with staff and patient's attendants. The closing ceremony was held on September 6 with fun filled games and quiz related to nutrition. The winners were from all the departments, including Doctors, OPD, Billing, HR, Medical Administration and Nursing.

Fortis Hospital, Ludhiana



Fortis Hospital Ludhiana celebrated World Nutrition Week from September 1–7, 2024, with a series of impactful events aimed at promoting health and well-being. The celebrations began with a traditional lamp-lighting ceremony, followed by a fun-filled Nutrition Bingo game, a cake-cutting event and an inaugural session. Dr Gursimran Kaur, Consultant Gynecologist, delivered an insightful health talk on PCOD for both staff and patients. The week also featured a free diet OPD, a health talk on nutrition by Dt. Gauri Soni at various schools, and a healthy tiffin competition to encourage nutritious eating habits among students.

On Teacher's Day, a special healthy tiffin competition and health talk were organised at Preplife Convent School. Additionally, Dr Saurabh Arora, Consultant Endocrinologist, led an informative session on dietary management at Fortis Hospital Mall Road. The week concluded with a closing note from Dr Vishavdeep Goyal who emphasised the importance of nutrition in maintaining a healthy lifestyle.

Fortis Hospital, Bannerghatta Road, Bengaluru



The Department of Dietetics at Fortis Hospital, Bannerghatta Road celebrated National Nutrition Month on September 24, 2024 by organising a special program for its consultants, administrators, and employees. The event featured informative and engaging activities focused on nutrition, guidance on maintaining a healthy lifestyle, and a Body Composition Analysis (BCA) for participants. Attendees had the opportunity to learn about their BMI, BMR, muscle mass, visceral and subcutaneous fat, and metabolic age. The program was well-received by all, promoting greater awareness of personal health and nutrition.

Fortis Escorts Hospital, Amritsar



Fortis Escorts Hospital Amritsar celebrated National Nutrition Month throughout September 2024 with a series of events. The celebrations began with insightful health talks along with complimentary feeding and diet for children. The talks were delivered by Dr Tarsem, Senior Consultant – Neonatology and Dr Fayaz Ahmad Wani, Consultant - Nephrology, emphasising the importance of neonatal nutrition. This was followed by a specialised session on 'Well-being Diet for Nurses' and a quiz. In addition, the Nutrition Team led by Ms Guljeet Kaur, Chief Dietician, visited various schools and banks to raise awareness about nutrition. These outreach programs were aimed at educating the community about healthy eating habits, nutrition for well-being, anemia and complimentary feeding among others. The event concluded with a lively flameless cooking competition, wherein doctors and staff showcased their culinary skills. This event featured special insights from Dr Romy Jabbal, Medical Superintendent and Mr Yogesh Joshi, Facility Director.

Fortis Escorts, Faridabad



The Dietetics Department at Fortis Escorts Hospital Faridabad marked National Nutrition Month (Poshan Maah) 2024 with a series of events throughout September. A key highlight was an educational session on 'Nutrition for Dialysis Patients,' which provided valuable insights on customised diets for kidney health. Patients received informative handouts and gifts.

A special session for mothers focused on healthy feeding practices for children, accompanied by a fun drawing competition to engage kids. Additionally, a Nutrition Quiz for the Nursing Department fostered knowledge-sharing, while a Healthy Recipe and Poster Competition allowed staff to showcase their creativity based on the theme 'Eat Right for Healthy Living.' The events were supported by Mr Yogendra Awadhiya, Facility Director, along with doctors and hospital staff.

Fortis Hospital, Noida



The Dietetics Department at Fortis Hospital, Noida, celebrated Nutrition Month throughout September 2024, promoting healthy eating habits and wellness for patients and employees. The month-long celebration, conducted under the leadership of Dr Namita Nadar, Head – Dietetics, commenced with an inaugural ceremony, featuring lamp lighting and an enlightening session on nutrition, highlighting its impact on overall well-being. A fun activity titled NutriNinza, a nutrition-based riddles competition was organised.

A number of other engaging activities were conducted throughout the month, including a cookery competition and BMI Fit-to-Go Challenge, which drew over 100 participants. The challenge was to improve their Body Composition Analysis (BCA) score by following a strict diet plan for a week—No Sugar, Low Salt, No Maida (all purpose flour), and No Gluten. Their progress was monitored and the top three contestants in each category - male and female - were recognised. A painting competition was organised for IPD children, encouraging creativity and nutrition awareness. Parents received consultation, encouraging them to inculcate healthy eating habits in children. They also received diet plans based on calorie and protein requirements, and a list of Iron-rich foods. An awareness session on Anemia Mukh Bharat was also conducted. The event drew to a close with a rewards and recognition ceremony for the achievers in various categories followed by a fun activity named 'Chehre Pe Chehra.'

Fortis Escorts Hospital, Jaipur



The Dietetics Department at Fortis Escorts Hospital, Jaipur, celebrated the month of September 2024 as the National Nutrition Month. The celebration was graced by Mr Anil Vinayak, Group Chief Operating Officer; Mr Neerav Bansal, Zonal Director and Dr Mala Airun, Director - Medical Operations.

Several activities such as on-the-spot recipe competition, and poster, slogan and quiz competitions were organised. Fun activities such as preparing a balanced food plate, food dumb charades, see and guess, touch and guess, taste and guess, and smell and guess the ingredients, were held. An interactive session with the women members of Shilpi Foundation was organised in which attractive titles were given to the participants, such as Nutri Fit Mom, Gen Z Mom and others. At the end of the month, a finale was organised with an engaging play by the Dietetics Department, highlighting the importance of nutrition.



Fortis Celebrates World Pharmacists Day with Great Enthusiasm



Felicitation event on the occasion of World Pharmacists Day at FMRI, Gurugram

(L-R): Mr Ravi Ranjan, SBU HR Head; Mr Yash Rawat, Facility Director, Fortis Gurugram; Mr Mahipal Bhanot, Senior VP and business head - Fortis Gurugram, Shalimar Bagh, Vasant Kunj, Defence colony & Manesar, Shalimar Bagh, Vasant Kunj & Defence Colony; Mr Vikas Goel Head - SCM, FMRI; Mr Dheeraj Jain, General Manager - OP Pharmacy and Mr Rajeev Dua, Head - Business Development & Supply Chain



Fortis Hospital, Vasant Kunj



Fortis Escorts Heart Institute, New Delhi



Fortis Escorts Hospital, Jaipur



Fortis Hospital, Mohali

World Pharmacists Day was celebrated across the Fortis network on September 25, 2024. The OP and IP pharmacists were felicitated and their incredible contribution was recognised. The unit leaders addressed gatherings and spoke about the crucial role of pharmacists in the healthcare ecosystem. Several events were organised to make the day memorable, including cake cutting, distribution of mementos and cultural performances, among others.

Community Connect

Fortis Participates as Academic Partner at RoboGynIndia 2024, the Annual Meet of Gynaecologic Robotic Surgeons



Fortis Healthcare participated as an Academic Partner for the 3rd Annual Conference of Association of Gynaecologic Robotic Surgeons (AGRS), RoboGynIndia 2024, which was held in Gurugram on August 10-11, 2024. The event was held under the chairmanship of Dr Rama Joshi, Principal Director & Head – Gynae Oncology, Fortis Memorial Research Institute, Gurugram, who also officiated as the Vice President of AGRS and the Organising Chairperson for the event. Dr Tae Joong Kim, President, Asian Society of Gynae Robotic Surgeons, was the Chief Guest and Dr Ritu Garg, Chief Growth & Innovation Officer, Fortis Healthcare, was the Guest of Honour. The symposium, themed 'Unveiling New Frontiers: Advancing Robotic Surgery,' was attended by about 170 participants from India and abroad, including Nepal and UAE. 66 speakers from reputed institutions across the country as well as five international faculty members from the United States, Canada, South Korea and Turkey spoke during the two-day event. The scientific program included step-by-step workshops for beginners, hands-on training, video sessions, panel discussions, masterclasses on new frontiers in robotic gynae surgeries, near live surgeries and abstract presentations covering all aspects of Robotic Gynae surgeries for beginners to experts.

More Than 200 People Benefit from Fortis Mohali's ENT Screening Camp



Fortis Hospital, Mohali, organised a free screening camp for ENT (ear, nose, and throat) and Head & Neck Cancers in association with a partner organisation on August 26, 2024. A team of doctors led by Dr Ashok Gupta, Director - ENT and Head & Neck Surgery, Fortis Hospital Mohali, along with Dr Anuragini Gupta, Consultant; Dr Neha Sharma, Associate Consultant; and Rishav, Audiologist, from the ENT Department, conducted endoscopic and audiometry examination of the patients. The camp was held to spread awareness on ENT disorders and sensitise the public on Head and Neck Cancers which primarily include oral cancer-tongue, oropharynx larynx sinusal ear thyroid cancers.

Fortis Mohali Holds She 'N' Shakti Event to Promote 'Holistic Wellness for Women'



Fortis Hospital Mohali held a special session on 'Holistic Wellness for Women' in association with Rozana Spokesman Channel on August 24, 2024. More than 100 women from PHD Chambers, WICCI, women entrepreneurs, fitness enthusiasts and homemakers from across the Tricity took part in the event. The key highlight of the session was a panel discussion with doctors from Fortis Mohali – Dr Shweta Tahlan, Consultant, Gynae Onco-Surgery; Dr Priyanka Sharma, Consultant, Aesthetic Gynaecology, and Ms Aanchal Sharma, Counselling Psychologist, who addressed women's health issues associated with gynaecological cancers, sexual health, menopause and mental wellbeing for women. It was an interactive panel discussion followed by an encouraging speech on women empowerment and self-defence by the chief guest, Ms Kamal Sisodiya, Commandant, 13 BN, CRPF, and other guests of honour.

Fortis Noida Conducts BLS Training for Alternative Medicine Practitioners



Fortis Hospital, Noida, conducted a Basic Life Support (BLS) training for the members of National Integrated Medical Association (NIMA), Noida, at Community Centre, Sector-23, Noida, on August 31, 2024. NIMA is a non-governmental association of alternative medical practitioners, and its members practice traditional medicine systems such as Ayurveda, Unani and Siddha.

Dr Anurag Aggarwal, Director & HOD – Emergency Medicine, imparted training to the NIMA physicians about the life saving procedures. The workshop focused on the essential do's and don'ts for trauma victims and addressed key questions. A total of 48 alternative medical practitioners attended this training session.

Fortis Escorts Jaipur Organises Corporate, PSU Meet



Team Sales & Marketing

On the occasion of its 17th anniversary, Fortis Escorts Hospital, Jaipur, organised a Corporate & PSU Meet on July 19, 2024. Over 400 representatives from more than 75 corporate entities, TPAs, Insurance and Public Sector Undertakings (PSUs) participated in the event. A session on health awareness was organised as part of the event, featuring a panel of experts, included Dr R K Tongia, Director – Cardiology, Dr Hemant Bhartia, Director & Head – Neurosurgery, Dr Neetu Ramrakhiani, Director – Neurology, Dr Praveen Kanojiya, Additional Director – Internal Medicine, Dr Kishor Mangal, Senior Consultant – Critical Care Medicine. This was followed by a Q&A session wherein the clinicians emphasised the need for following a healthy lifestyle.



August Gathering

Fortis Memorial Gurugram Organises 'MedVenture Retreat' for Clinicians from Rohtak



On August 24, 2024, Fortis Memorial, Gurugram, in collaboration with the Indian Medical Association (IMA) Rohtak, organised the 'MedVenture Retreat' at a prominent resort in Manesar, creating a unique blend of learning, relaxation, and fun for leading doctors from Rohtak and their spouses. The event was attended by over 80 doctors.

Senior clinicians from Fortis Gurugram, including Dr Rahul Bhargava, Principal Director & Chief - Haematology, Haemato Oncology & Bone Marrow Transplant; Dr Praveen Gupta, Principal Director & Chief -Neurology; Dr Vikas Dua, Principal Director & Head - Paediatric Haematology, Haemato Oncology & Bone Marrow Transplant; Dr Himanshu Verma, Senior Consultant - Vascular Surgery; Dr Suman Karanth, Senior Consultant - Medical Oncology; and Dr Anurag Gupta, Senior Consultant - Neurosurgery, Fortis Vasant Kunj were in attendance.

Fortis Noida's On-Premises Liver Screening Camp at Prominent Media House Draws Enthusiastic Response



Fortis Hospital, Noida, conducted a Liver Screening Camp for the employees of Aaj Tak, India Today Group, a prominent electronic media organisation, on September 3, 2024. The event was attended by 159 employees of the media house and 135 persons were screened using the Fibroscan, which enables accurate non-invasive liver health screening.

The camp was followed by a health talk led by Dr Nishant Nagpal, Director – Gastroenterology, on 'Gut Health,' where he provided invaluable insights about the importance of liver health, common liver disorders, latest advancement in liver care and tips for maintaining a healthy liver. The session was profusely appreciated by the senior journalists, including Rahul Kanwal and Shams Tahir Khan, and the management team of Aaj Tak.

Fortis Cancer Institute Organises 'Ride for Golden Warriors' Bike Rally to Raise Awareness on Childhood Cancer



In recognition of Childhood Cancer Awareness Month, Fortis Cancer Institute, Gurugram, and Vasant Kunj jointly organised the 'Ride for Golden Warriors' bike rally on September 22, 2024. The event aimed to raise awareness about childhood cancers, emphasizing early detection, regular screenings and prevention strategies.

The event was conceptualised and led by Dr Vikas Dua, Principal Director and Head - Paediatric Haematology, Haemato Oncology, and Bone Marrow Transplant, along with his team. Over 70 Harley Davidson bikers from the Harley Owners Group, Capital Chapter Delhi/NCR, participated in the rally, which commenced at 7:00 am from Fortis Gurugram, and concluded at Fortis Hospital Vasant Kunj. The rally was flagged off by Mr Yash Rawat, Facility Director, Fortis Gurugram, along with senior clinicians and young cancer patients.

The event featured activities aimed at raising the spirits of children battling cancer and included musical performances, a magic show and a clown act. The rally concluded at Fortis Vasant Kunj in the presence of Dr Gurvinder Kaur, Facility Director, Fortis Vasant Kunj and other senior clinicians. This event celebrated the resilience of young cancer warriors and Fortis' commitment to cancer care.

Fortis Mohali Trains 100 School Teachers in CPR Technique



Shivani

Fortis Hospital Mohali organised a special Cardiopulmonary Resuscitation (CPR) Session for around 100 teachers and support staff at St. Kabir Public School in Sector 26, Chandigarh, on September 6, 2024. The teachers were sensitised on the recent surge in heart attacks among young individuals and were educated on the essential skills to respond effectively to emergencies such as cardiac arrest. The training was conducted by Clinical Instructor Ms. Shivani. The session covered Basic Life Support (BLS) for unresponsive victims, including chest compressions, preparation for smooth victim transfer to hospitals, and triaging in cases of multiple casualties. The staff was also provided hands-on training in CPR, emphasizing on the significance of a quick and effective CPR.

Fortis Noida Organises Training Session for Insurance Sector Doctors Engaged in Claims Processing



Fortis Hospital, Noida, organised a session on 'Latest Advancement in Medical Oncology and Newer Modalities of Treatment' on September 11, 2024, for the Claim Processing (Non MBBS) doctors of a Third Party Administrator (TPA) company. The session was led by Dr Rajat Bajaj, Director – Medical Oncology, where he shared his valuable insights on how to evaluate claims related to the new treatments, therapies, and technologies in Medical Oncology. He focused on updates on targeted therapies, immunotherapies and impact of new treatments on claim processing and management.

Dr Bajaj also share case studies and had group discussions on real-life examples of claims in medical oncology. The session was attended by 38 doctors, and enhanced their knowledge about advance technologies. The event was appreciated by the participants.

Fortis Ludhiana Organises Clinician Lecture Session for Over 700 Physiotherapy Students



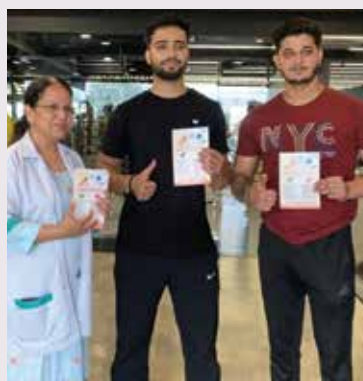
On September 8, 2024, on the occasion of World Physiotherapy Day, Fortis Hospital, Chandigarh Road, Ludhiana, organised a talk by Dr Vishnu Gupta, Additional Director - Neurosurgery, at Lovely Professional University, Phagwara. Over 700 physiotherapy students attended the event, which focused on the critical topic of 'Pain Generators and Diagnosis of Backache and Sciatica.' Dr Gupta's insightful lecture highlighted the common causes of back pain and sciatica, emphasising the importance of accurate diagnosis and advanced treatment approaches. The session was highly informative and was well received by the students, contributing significantly to their future clinical expertise and patient care skills.

Fortis Hospital Manesar Organises Meet with Local Sarpanchs



Fortis Hospital, Manesar, organised a meet with local Sarpanchs (village heads) on September 13, 2024. A total of 15 Sarpanchs from nearby villages participated in the event. The event commenced with a talk by Mr Abhijit Singh, Facility Director, and was facilitated by Mr Devender Yadav, Head - Sales & Marketing. The program included a comprehensive tour of the hospital, during which the attendees had the chance to learn about the hospital's medical services and advanced facilities. Additionally, a session was held with doctors, providing the Sarpanchs with insights into the healthcare services and discussing potential collaborations. The feedback from the participants was overwhelmingly positive, and they expressed a strong interest in exploring further opportunities for community engagement and healthcare collaboration.

Fortis Mohali Holds BLS and First-Aid Workshop for Gym Staff & Trainers



Fortis Hospital Mohali organised a BLS & First-aid workshop for 16 gym trainers and staff of Burn Gym, Phase 5, Mohali, on August 30, 2024. The workshop was held to equip gym trainers with essential life-saving skills to be able to respond effectively to emergencies such as cardiac arrest. The training was conducted by Clinical Instructor Ms Ruchi. The session covered BLS for unresponsive victims, including chest compressions, preparation for smooth victim transfer to hospitals, and triaging in cases of multiple casualties. Sister Sheila, Chief Infection Control Nurse, also educated the gathering on the harmful effects of antibiotics.

Over 100 School Kids Learn CPR Techniques from Fortis Amritsar Experts



Fortis Hospital Amritsar organised a special Cardiopulmonary Resuscitation (CPR) Session for around 100 students and support staff at Laurens International School, Batala on September 9, 2024. The teachers were sensitised about the recent surge in heart attacks among young individuals and were educated on the essential skills to respond effectively to emergencies such as cardiac arrest. The training was conducted by Ms Taniya, Clinical Instructor. The session covered Basic Life Support (BLS) for unresponsive victims, including chest compressions, preparation for smooth victim transfer to hospitals, and triaging in cases of multiple casualties. The staff was also provided hands-on training in CPR, emphasizing on the significance of a quick and effective CPR.

Fortis Escorts Faridabad Hosts CME on Anti-Microbial Stewardship



Fortis Escorts Hospital Faridabad hosted a Continuing Medical Education (CME) program dedicated to Anti-Microbial Stewardship (AMS) on September 12, 2024, in the presence of all doctors and hospital staff. The event was graced by Mr Yogendra Awadhiya, Facility Director, Dr Monawar Khurshid, Medical Superintendent and Dr Affan Sami Rayeen, Head - Quality. Informative talks were delivered by distinguished speakers including Dr Rajesh Kumar Budhiraja, Director - Internal Medicine & AMS Champion, Dr Amandeep Singh, Additional Director - Critical Care & AMS Champion, Dr Niti Kautish, Director & HOD - Obstetrics and Gynaecology, Dr Rehan Mohammad, Associate Consultant - Internal Medicine and Ms Garima Shedha, Infection Control Nurse. The program underscored the critical importance of patient care for healthcare professionals and saw the participation of approximately 50 members.

Team Sales Organises CME in Kashipur, Uttarakhand in Association with Fortis Hospitals in Gurugram, Noida and Greater Noida



Clinicians attending the talks

The Corporate Office Sales Team organised a CME in Kashipur, Uttarakhand, in association with Indian Medical Association (IMA) on September 26, 2024. The event, based on the theme 'Recent Advances in Oncology & Haematology,' was supported by senior clinicians from Fortis Memorial Research Institute, Gurugram, Fortis Hospital, Noida and Fortis Hospital, Greater Noida.

Dr Rahul Bhargava, Principal Director & Chief – Haematology, Haemato-Oncology and BMT, Fortis Hospital, Gurugram; Dr Vikas Dua, Principal Director & Head - Paediatric Haematology, Haemato-Oncology and BMT, Fortis Hospital, Gurugram; Dr Shailendra Kumar Goel, Director - Urology & Kidney Transplant, Fortis Hospital Noida; and Dr Abhishek Srivastava, Associate Consultant - Medical Oncology, Fortis Hospital, Greater Noida were the key speakers. A total of 60 clinicians participated in the event, which was very interactive. The program was widely appreciated.

To strengthen the Upcountry program, Fortis Cancer Institute organised a press conference and a Continuing Medical Education (CME) session. The aim of the program was to create awareness about Cancer and its prevention, along with latest treatment option available at Fortis Cancer Institute. The event was prominently covered by all mainstream media in Kashipur.

Fortis Hiranandani Hospital, Vashi Partners With CRPF, Lions International and NMMC To Host Clean-Up Drive At Mini Sea Shore



(C) Dr S. Narayani & Mr Nitin Kamaria with Fortis Hiranandani Hospital, Vashi team and representatives of Lions International

Fortis Hiranandani Hospital, Vashi, in collaboration with CRPF (Western Sector), Lions International District 32231A, and Navi Mumbai Municipal Corporation (NMMC), organized a community clean-up drive at Mini Sea Shore on October 2, 2024, commemorating Swachh Bharat Divas. Over 150 citizens participated in the initiative, promoting community hygiene and sanitation. The event recognised the tireless efforts of Safai Mitras, honoring them for their dedication to keeping the surroundings clean. This collective effort aimed to foster a cleaner, healthier environment and inspire sustainable community practices. The drive reinforced the importance of individual contributions to achieving a Swachh Bharat. Alongside representatives from CRPF (Western Sector), Lions International District 32231A, and NMMC, Dr S. Narayani, Business Head-Fortis Hospitals Maharashtra and Mr Nitin Kamaria, Facility Director, Fortis Hiranandani Hospital, Vashi flagged-off and enthusiastically participated in the clean-up drive.

Fortis Hospital Mulund collaborates with Local Civic Hospital and Medical Institute to Set up Glomerular Disease Registry



(L-R) Dr Vaibhav Keskar, Dr Atul Ingle, Dr Uma Ali, Dr Supriya Amey, Dr S. Narayani, Dr Raman Malik, Dr NK Hase, Dr Sanjay Shah, Dr Haresh Dodeja & Dr Tukaram Jamale at the Glomerular Disease Registry inauguration

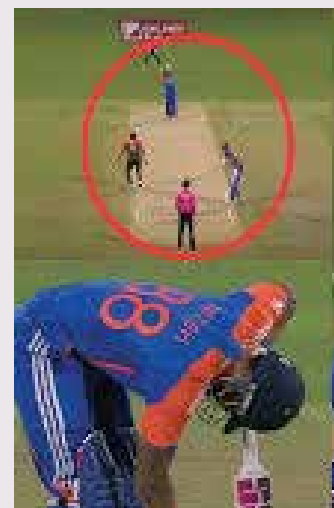
Fortis Hospital, Mulund has collaborated with Seth GS Medical College and KEM Hospital, Mumbai to set up Glomerular Disease Registry. Named after Dr Vidya Acharya, a pioneer in the field of Nephrology, the registry was inaugurated by Dr S. Narayani, Business Head-Fortis Hospitals Maharashtra, on October 5, 2024, at the 'Glomerular Disease Update' conference hosted at Fortis Mulund. Glomerular Diseases are the most common preventable cause of End Stage Kidney Disease. There is urgent need to increase awareness about these disorders, so that they are diagnosed early and treated effectively.

The principle investigator for this registry, Dr Vaibhav Keskar, Senior Consultant - Nephrology, Fortis Hospital, Mulund, welcomed the dignitaries. Apart from several leading clinical luminaries from various hospitals, Dr Kaushik Bhojani, Director-Rheumatology, Fortis Hospital, Mulund, Dr Abha Sabhikhi, Director-Nephropathology, Agilus Diagnostics and Dr Vaibhav Keskar delivered talks, addressing over 110 Physicians and Nephrologists who participated in the conference. IMA Mulund and Mumbai Nephrology Group endorsed this meeting.

Fortis Vasant Kunj Plays Key Role as Medical Partner for India-Bangladesh T20 Cricket Match



Team FOP



Dr Ujjwal Vaid on field

Fortis Hospital Vasant Kunj (FHVK) was the medical partner for the India-Bangladesh T20 cricket match played at the Arun Jaitley Stadium, Delhi, on October 9, 2024. A 35-member team from FHVK stood by to provide medical support to all the players and more than 30,000 spectators.

A Medical Room was put up for the players and a medical kiosk was set up on-field. A Medical Room for the spectators and five First Aid Stations were also set up. In addition, two ACLS equipped ambulances were stationed inside the stadium. Dr Ujjwal Vaid, Head – Emergency, provided medical assistance to the Indian player Nitish Kumar Reddy, during the match. Apart from the medical support, Team FHVK also gave Basic Life Support training to 11 physiotherapists of DDCA.

Over 700 Elders Participate in Health Awareness Session Organised by Fortis Kalyan in Association with Municipal Corporation



(C) Dr Indurani Jakhar, Commissioner, KDMC, Fortis Hospital Kalyan's doctors & organizing teams with the audience members



(L-R) Dr Rushabh Chheda, Dr Swapnil Keny, Dr Jayesh Sardhara, Mr Sanjay Jadhav, Dy. Commissioner of KDMC & Ms Madhavi Varik, Head-Sales & Marketing, Fortis Hospital Kalyan

Fortis Hospital Kalyan hosted an awareness session for senior citizens in association with Kalyan-Dombivli Municipal Corporation (KDMC) and Samanvaya Senior Citizens Association, on October 4, 2024. Doctors from Fortis Hospital Kalyan spoke about the common neurological, cardiovascular and orthopaedic conditions affecting seniors. Over 700 senior citizens engaged with the healthcare professionals, asked them questions, learned about preventive measures and treatments available. The session was helmed by Fortis Hospital Kalyan's Dr Zakia Khan, Senior Consultant-Interventional Cardiology; Dr Swapnil Keny, Consultant-Orthopaedics; Dr Jayesh Sardhara, Senior Consultant-Neuro & Spine Surgery and Dr Rushabh Chheda, Associate Consultant-Neuro Surgery. Also in attendance at the event was Dr Indurani Jakhar, Commissioner, Kalyan-Dombivli Municipal Corporation (KDMC). The initiative was led by Ms Madhavi Varik, Head-Sales & Marketing, Fortis Hospital Kalyan, and her team.

Introducing Alpha Healing Center powered by Adayu, a Fortis Group Company



Alpha Healing Center powered by Adayu, a Fortis Group Company, Where luxury meets clinical excellence - is a one-of-its-kind rehabilitation center also known as a de-addiction treatment center in India located near Vadodara, Gujarat. Alpha Healing Center (AHC) specializes in providing exceptional residential care for those suffering from and recovering from addictions. AHC is a world-class de-addiction center offering unique recovery experience in holistic healing for substance abusers. It is an ISO certified comprehensive medical and psychiatric care, best rehab center in India.

Their Clinical governance is powered by Adayu, led by Dr Samir Parikh and a team of multi-disciplinary experts from the fields of psychiatry, clinical and counselling psychology. Our multi-disciplinary team of clinicians provides their expertise, guidance, supervision and support. This is to ensure seamless implementation of clinical processes and delivery of evidence based treatment methodologies aimed at enhancing the well-being of patients.

Link of Alpha website:

[Best Rehabilitation Centre in India | Luxury Rehab Center \(alphahealingcenter.in\)](https://www.alphahealingcenter.in)

Video link: <https://youtube/B4SJ4rjxk1s>

Engagement

Fortis Escorts Hospital Faridabad Celebrates Teej to Cheer Up Patients



Teej, a popular monsoon festival observed by women across northern India, was celebrated at Fortis Escorts Hospital, Faridabad, on August 7, 2024, with the female IPD patients. Led by the Patient Experience Department, the team aimed at spreading happiness among the patients.

Bangles were distributed to around 45-50 female patients. The team also distributed sweets and gifts, making an effort to bring festive cheer for the patients. The initiative was widely appreciated.

Fortis Hospital Bannerghatta Road, Bengaluru Celebrates Independence Day 2024



Fortis Hospital, Bannerghatta Road, Bengaluru, celebrated the 78th Independence Day with great enthusiasm and patriotism. The highlight of the event was the unfurling of the National Flag by the Guest of Honour, Dr Shalini Joshi, Additional Director - Internal Medicine, who also addressed the gathering. The celebrations included a march past by the Security Team and a heartfelt rendition of the National Anthem by Nursing trainees.

The Leadership Team recognised and honoured several individuals for their outstanding contribution. The Social Impact Awardees, comprising 10 individuals, were acknowledged for their selfless deeds, including blood donation and partnerships with NGOs. To encourage and motivate young achievers, 9 children of Clinicians and employees were awarded trophies and certificates for excellence in various fields such as academics and sports. Additionally, 30 dedicated members of the Support Staff, from Housekeeping, Security, Engineering & Maintenance, Parking, and Ambulance Services were felicitated for their tireless efforts and commitment to excellence.

Over 600 Women Employees of Fortis Shalimar Bagh Learn Self-Defence Techniques from Delhi Police Trainers



Fortis Shalimar Bagh, in collaboration with Delhi Police, organised a week long self-defence training for women employees. The training commenced on August 27, 2024, empowering over 600 female workers with vital self-defence techniques. Participants were trained in the use of elbow strikes, knees, palms, fingers, and everyday items like pens to protect themselves from attackers. Two daily sessions were conducted throughout the week, each lasting an hour and a half.

Women from various departments, including Housekeeping, GDA, Security, Nursing, Doctors and more, actively participated and shared how this training boosted their confidence in handling adverse situations. Many expressed their intent to pass on these valuable skills to their female family members. The closing ceremony, held on September 2, 2024, within the hospital premises, was graced by the chief guest, Shri Jitender Kumar Meena, DCP North West District, Delhi Police, along with Mr Deepak Narang, Facility Director; Dr Archana Bajaj, Medical Director; as well as all HODs, clinicians, nurses, paramedics, and non-medical staff.

Fortis Mohali Organises Three-Day Workshop on Self-Defence Techniques for Women Staff



To inculcate self-defence techniques among the women staff, Fortis Hospital Mohali organised a three-day training programme at the facility from October 9-11, 2024. The workshop was facilitated by Chandigarh Police under 'SWAYAM' - a self-defence training programme designed exclusively for women. More than 80 participants attended the workshop, conducted by an instructor from the Chandigarh Police Women Wing. The techniques included blocking attacks, escaping holds and staying alert in one's surroundings. The women staff were also encouraged to carry pepper sprays with them at all times. Mr Indrajeet Kumar Singh, General Manager-Operations, also spoke on women safety to create a safer future.

Nurses at Fortis Shalimar Bagh Undergo Bone Marrow Transplant Nursing Training

A batch of eight nurses at Fortis Hospital Shalimar Bagh successfully completed the first in-house Bone Marrow Transplant Nursing Module on August 17, 2024. The shortlisted nurses underwent rigorous training for round-the-clock operation of the Bone Marrow Transplant Unit (BMTU). The sessions were conducted by the nursing education team under the guidance of Ms Girja Sharma, Chief Nursing Officer and Dr Akash Khandelwal, Consultant and Unit Head of Hemato-Oncology and BMT. The intensive 30-hour program spanned 15 days, with contributions from various stakeholders. The module covered essential topics, including the fundamentals of Hematology and Oncology, patient assessment, infection prevention and control, medication administration (including blood products, immunotherapy, and chemotherapy), and specialised nursing care for Bone Marrow Transplant patients.

In addition, the participants were trained on the safe handling of biomedical equipment, patient safety and quality and patient education. Critical care procedures were also emphasised to enhance the competency of the nurses in managing transplant patients. Pre- and post-training assessments were conducted to evaluate their knowledge and ensure the program's effectiveness. A refresher course has been planned in a year to continue enhancing the team's skills and readiness.



Fortis Hospital Noida Organises Neonatal Resuscitation Training Program for Nurses



Fortis Hospital Noida organised a neonatal resuscitation training program for nurses working in Neonatal ICU and various departments. Collaborative training session with hands-on practical experience was conducted by education team under the guidance of Capt Neelam Deshwal, Chief Nursing Officer and Dr Sanjeev Chetry, HOD-NICU. A total of 42 nurses participated in the program in 2 batches, held on August 13 & 22, 2024.

The Neonatal Resuscitation Program (NRP) course offers an evidence-based approach to care of the newborn at birth and facilitates effective team-based care for healthcare professionals who care for newborns at the time of delivery. NRP utilizes a blended learning approach, which includes hands-on case-based simulation/debriefing that focus on critical leadership, communication, and team-work skills.

17 Fortis Noida Nurses Commence Training to Become Specialised Oncology Nurses



Fortis Hospital Noida launched a three-month Oncology Nursing Program on September 2, 2024. The certified program is designed to equip nurses with the skills necessary to navigate the complexities of caring for the Oncology patients, transitioning them from a general nursing role to specialised Oncology Nursing. The program was inaugurated by Dr Bishnu Panigrahi, Group Head – MSOG; Mr Mohit Singh, Zonal Director; Dr Shanu Sharma, Medical Director; Captain Neelam Deshwal, Chief of Nursing; Dr Rajat Bajaj, Consultant - Medical Oncology; Dr Jyoti, Consultant - Medical Oncology; Dr Priyanshi Pachauri, Associate Consultant - Hemato-Oncology & BMT, and the Education Team, represented by Ms Marina, Ms Manisha and Ms Pratiksha. Seventeen candidates enrolled in this course, and they were motivated and inspired by the insightful words of the leaders.

Fortis Anandapur Celebrates International Housekeeping Appreciation Week with Children's Art



With the participants

On September 13, 2024, Fortis Hospital Anandapur celebrated International Housekeeping Appreciation Week (September 8-14) with a drawing competition for the children of housekeeping staff. More than 20 children participated in the drawing competition, which was divided into two age groups: under 10 and 10-15 years.

The event and award ceremony were graced by Mr Ashish Mukherjee, Facility Director; and Ms Doli Biswas, Chief of Nursing.

Fortis Escorts Okhla Road, New Delhi Celebrates International Housekeeping Week 2024

Fortis Escorts, Okhla Road, New Delhi, celebrated International Housekeeping Week from September 9-14, 2024, with a series of eco-friendly initiatives led by the Housekeeping Team. Activities included the 'Swachh Fortis' cleanliness drive, tree plantation, joint clean drive with MCD, awareness program on single-use plastic, computer cleaning drive, and recognition for outstanding staff. The highlight was the unveiling of the 'Green Valley Extension Garden', constructed on the principles of Reduce, Reuse, and Recycle (3Rs), using sanitised plastic bottles and cans, transformed into a beautiful garden. The garden was inaugurated by Dr Z. S. Meharwal, Chairman and Head - Adult Cardiac Surgery, Dr Vikram Aggarwal, Facility Director, Ms Sangeeta Dua, Head - Administration, Mr Mukesh Kumar, Head - Housekeeping, and all Heads of Departments, showcasing Fortis Escorts' commitment to environmental responsibility and community well-being.



Fortis Strengthens Patient Care with 'Dil Se Swagat' Service Capability Drive

Fortis Gurugram, Fortis Vasant Kunj & Fortis Shalimar Bagh conducted the 'Dil Se Swagat' service capability building drive from 26 to 30 August 2024, reinforcing the importance of welcoming patients with warmth and care. Creating a positive experience begins with making patients feel genuinely welcomed, a goal achieved through a blend of professional behaviors, workplace etiquette, and standards that project compassion and competence.



Unit Leadership R&R



Corporate walk

Spanning over a week, the drive engaged employees across the three units, emphasizing behaviors and deportment that reflect both professionalism and a patient-centered mindset. A key focus was placed on the significance of professional appearance and grooming, recognizing its direct impact on first impressions, patient trust, and the overall care experience. The Human Resources team, in collaboration with senior unit leaders, led focused interventions to highlight the critical role that patient-facing frontline staff play in maintaining high grooming standards.

Workshops conducted by professional VLCC experts, along with a Do-It-Yourself grooming lab for employees, equipped staff with the tools and knowledge needed to achieve excellence in grooming. Additionally, the participation of Unit Leadership in the Corporate Dressing Walk and on-floor audits set a strong example for the entire team.

To further boost morale, Facility Directors – Mr Yash Rawat, FMRI; Ms Gurvinder Kaur, FHVK; and Mr Deepak Narang, FHSB led a Reward & Recognition ceremony, encouraging staff commitment to high standards.

Fortis Okhla, La Femme & CDOC Strengthen Patient Care with 'Dil Se Swagat' Service Capability Drive

Fortis Escorts, Okhla, Fortis La Femme, & Fortis CDOC conducted the 'Dil se Swagat' service capability drive from August 20–29, 2024. The drive featured a range of engaging sessions designed to reinforce the importance of welcoming patients with warmth and care. This drive aimed at engaging & aligning employees across the unit with behaviors & deportment that projects both professional competence and a patient-centered attitude.



Personality Development Session

Spreading over a week, the drive engaged employees across the three units, revolving around Professional appearance & grooming, its significant role especially in healthcare settings, as it directly impacts first impressions, trust, and the overall patient experience. The focused interventions led by the Human Resources team & a committee of senior unit leaders reinforced the importance of professional appearance and grooming standards.

The Key Highlights of the event included a practical session focused on personal grooming techniques by Oriflame and over 500 grooming kits were distributed for maintaining grooming standards as part of their role in providing superior patient care, to better understand the impact of non-verbal cues in customer facing interactions a dedicated workshops was conducted by industry experts.

Mystery audits focused on grooming for frontline staff were conducted to ensure that staff members maintain the professional appearance required to meet organizational standards. Key findings where grooming standards are being met and where improvement is needed were highlighted during closing ceremony.

To further boost morale, Facility Director Dr Vikram Aggarwal (FE, Okhla & CDOC) and Ms Garima Prasad (Fortis Lafemme, Delhi) led Rewards & Recognition ceremony, encouraging staff commitment to high standards in 12 different categories including Best Groomed Male & Female Employee, Employee with Most Dazzling Smile and many more.

A special effort, the lockers and changing room were revamped by the Human Resources team & a committee of senior unit leaders to emphasize the importance of cleanliness.

The winners :

Best Groomed Male Employee: Mr Rajdeep Negi (CDOC), Mr Luv Sharma (Lafemme), Mr Soibam Benjonson Singh (FE, Okhla)

Best Groomed Female Employee: Ms Aparna Mukherjee (CDOC), Ms Neha Singh (Lafemme), Ms Rachoyita Das (FE, Okhla)

Employee with Most Dazzling Smile: Ms Cini Menon (CDOC), Ms Arya L (Lafemme), Ms Yamini Kashyap Batra (FE, Okhla)

Fortis Mulund Hosts WINFEST- a Celebration of Excellence



Dr S. Narayani & Dr Vishal Beri with HODs, administrative staff and nursing staff celebrating their wins at WINFEST



On September 20, 2024, Fortis Mulund hosted WINFEST – a celebration of collective efforts and accomplishments over the last six months. As the third hospital across the country to achieve the prestigious JCI gold seal for seven consecutive times, Fortis Hospital Mulund also completed its fourth cycle of NABH accreditation, making it one among top 100 hospitals in India to achieve NABH Digital Health accreditation. The unit has also seen highest occupancy rates and achieved numerous operational records in recent months. These remarkable milestones are the result of the relentless hard work and dedication of the clinical, marketing and strategic leadership teams. The entire hospital came together to celebrate these wins, and the atmosphere was filled with pride, unity and excitement.

Following key awards were presented to champions who played pivotal roles in leading the accreditation efforts:

- Ms Andrea Vas (Pain Management Nurse, Fortis Hospital, Mulund) and Mr Sagar Doiphode (Unit Head-Engineering, Fortis Hospital, Mulund) were honored as the Best Accreditation Chapter Champions by Dr Narayani (Business Head-Fortis Hospitals Maharashtra).
- Ms Merina Alex (Deputy Chief Nursing Officer), Ms Bincy Thomas (Nurse Educator), Dr Sheetal Sawant (Microbiologist & Infection Control Officer), and Mr N. Raju (Medical Physicist & RSO) were honoured with Accreditation Legacy Awards by Dr Narayani (Business Head-Fortis Hospitals Maharashtra), Ms Lavina Lall (Unit Head-Administration, Fortis Hospital, Mulund) and Ms Minimol Vargese (Chief Nursing Officer, Fortis Hospital, Mulund).

The dedication of over 150 staff members who contributed to these achievements was also recognised. Teams who led clinical quality and operational excellence, including Dr Sandeep Gore (Director-Emergency Services), Dr Jumana Haji (Director-ECMO Services), Dr Amit Raodeo (Consultant-Critical Care), Ms Nishika Bhatia (Head-PCS), Dr Remi Thomas (Registrar-Nephrology), and Ms Shiney Baby (Nursing Manager-Dialysis unit), shared their inspiring journeys at this event. Dr S. Narayani and Dr Vishal Beri (Facility Director-Fortis Hospital, Mulund), addressed the gathering, congratulating everyone for their achievements, and motivating each audience member to reach greater heights together. WINFEST was truly a memorable celebration of Fortis Hospital Mulund's accomplishments and the people behind them.

20 Nurses Attend Fortis Anandapur's CCNP Affiliated Critical Care Nursing Program

On October 16, 2024, Fortis Hospital Anandapur, Kolkata, conducted a Critical Care Nursing Program (CCNP), affiliated with the Critical Care Nursing Society of India. Twenty nurses from Fortis Hospital Anandapur participated in the program. The event commenced with a welcome speech by Ms Doli Biswas, Chief Nursing Officer (CNO), who introduced participants to the significance and scope of critical care nursing, promoting engagement and collaboration among the participants.



Mr Ashish Mukherjee, Facility Director; Mrs Richa Singh Debgupta, Senior Vice President of Operations (JK) and Chief of Strategy & Operations; and Ms Doli Biswas, CNO, with participants

The lamp lighting ceremony was graced by Mrs Richa Singh Debgupta, Senior Vice President of Operations (JK) and Chief of Strategy & Operations; Mr Ashish Mukherjee, Facility Director; and Ms Doli Biswas, Chief Nursing Officer. To commemorate their participation, each candidate was presented with a token of appreciation, celebrating their commitment to the profession. The session concluded with a group photo, capturing the spirit of dedication among the participants.

Fortis Hospital Greater Noida Celebrates International Infection Prevention Week & Global Hand Hygiene Day

To mark International Infection Prevention Week, Fortis Hospital, Greater Noida, hosted a series of events. The week started with a thought-provoking speech by Dr Rajesh Kumar Gupta, Director of Pulmonology and Critical Care, emphasizing the paramount importance of hand hygiene. This was followed by a creative poster-making competition among hospital staff.



On the second day, the hospital transformed its OPD area into a vibrant poster exhibition. Doctors, patients, and staff alike gathered to appreciate the artwork and learn about infection prevention strategies.

The third day introduced an interactive element with the VISIRUB Box Test, a hands-on assessment of hand hygiene practices among participants.

As the week concluded, Fortis Greater Noida honoured the participants for their commitment to infection prevention. Certificates were awarded to those who demonstrated exemplary hand hygiene practices and those whose posters creatively conveyed the importance of this crucial aspect of healthcare.

Fortis Hospital Anandapur, Kolkata Celebrates Global Hand Washing Day 2024



Hand hygiene Steps demonstrated to FNB staffs by the ICN

On October 15, 2024, Fortis Hospital Anandapur celebrated Global Hand Washing Day by organising an awareness-building roadshow for the healthcare professionals and allied staff, followed by a quiz contest. The winners were recognised at the end of this event. The event was an overall success, with enthusiastic participation of staff from various categories.

Additionally, a special initiative was taken to recognise and felicitate the Hand Hygiene Auditors/Link nurses for their contribution toward improving of hand hygiene compliance through their stringent monthly audit.

Fortis Escorts Okhla Road, New Delhi Observes Infection Prevention Week



Fortis Escorts, Okhla Road, New Delhi marked Infection Prevention Week from October 15-18, 2024, with a series of infection control activities for healthcare workers. The week commenced on October 15, coinciding with Global Handwashing Day, featuring events such as the Glow Germ Test, Ultra Snap Hand Swab Testing, and educational sessions conducted across various hospital departments. Throughout the week, the Infection Control Team organised several informative sessions, highlighting the importance of effective infection prevention practices in reducing healthcare-associated infections.

Fortis Escorts Hospital Faridabad Celebrates Gandhi Jayanti

On October 2, 2024, Fortis Escorts Hospital Faridabad celebrated Gandhi Jayanti in the paediatric ward with a series of engaging activities. The event saw an enthusiastic turnout, with 60-70 patients and their attendants participating. The event began with a video presentation on the life of Mahatma Gandhi, highlighting his contribution to India's independence. This was followed by a painting competition on the themes of Non-Violence, Peace, and Gandhiji's life.

Patriotic songs and bhajans, including 'Vaishnav Jan Toh,' were performed, creating an atmosphere of unity and reverence. To make the occasion special for every paediatric patient, gifts were distributed across all wards. Dr Hitesh Pant delivered an insightful message, stressing the importance of Gandhi Jayanti. He emphasised how Gandhi's principles of cleanliness and hygiene are more relevant than ever in today's world, particularly in the context of infection prevention in hospitals. He urged everyone to maintain cleanliness for the well-being of both patients and staff.



Fortis Escorts Faridabad Organises Hands-On Endotrainer Training Session



The Department of Minimal Access and Bariatric Surgery, Fortis Escorts Hospital, Faridabad, successfully conducted its 3rd Masterclass and Hands-on Training on Endotrainer on September 22, 2024. The event was held under the aegis of the Association of Surgeons of India (ASI) Faridabad Chapter.

The masterclass commenced with an insightful session by Dr Mohsin Khan on the Optimal Approach to Ventral Hernia. A special guest session on Robotic Surgery was delivered by Dr Sachin Mittal, highlighting advancements in minimally invasive robotic procedures and their application in hernia repair.

Thereafter, Dr Shivani and Dr Saumya from the DNB class provided a detailed presentation on 'The Mess of Meshes,' focusing on the challenges and best practices in the selection and usage of surgical meshes in hernia repairs. The participants also engaged in a quiz, which was followed by a hands-on Endotrainer session, allowing them to enhance their technical skills in laparoscopic and minimally invasive procedures under expert guidance.

The event was organised by Dr Mohsin Khan as the convener and the esteemed chairpersons for the event included Dr B.D. Pathak of Fortis Escorts Faridabad and Dr Avinash Koul of Fortis Noida apart from several senior clinicians from various other hospitals.

FMRI Gurugram Celebrates Pain Awareness Month 2024



Fortis Memorial Research Institute, Gurugram, celebrated Pain Awareness Month 2024 with a series of events aimed at raising awareness about pain management and reducing the global burden of pain. The event, held on 4th and 10th September, was graced by the presence of Mr Mahipal Singh Bhanot, Senior VP & Business Head – Fortis Gurugram, Shalimar Bagh, Vasant Kunj, Defence Colony & Manesar, along with senior clinicians of Fortis Gurugram.

This year's theme, "Changing the Pain Equation," focused on highlighting the significance of pain management and introducing the latest treatment options available. To further engage and educate attendees, Pain Awareness Quizzes were organized for nurses, doctors, and the general public. The quizzes, held on both event days, fostered a deeper understanding of pain management strategies. Dr Megha Pruthi, HOD of the Department of Pain & Palliative Medicine, and Dr Aditya Pal Mahiswar, Consultant – Pain & Palliative Medicine, delivered insightful presentations that effectively conveyed the message of pain awareness. The event concluded with a musical activity led by the Mental Health team, followed by a prize distribution ceremony.

INSPIRING STORIES

Fortis Gurugram Doctor Saves Fellow Runner's Life During Delhi Half Marathon



On October 20, 2024, Dr Ramit Wadhwa, Consultant - Non-Invasive Cardiology at Fortis Gurugram, demonstrated exceptional medical expertise and quick action during the Delhi Half Marathon at Jawaharlal Nehru Stadium, New Delhi. During the race, a participant suddenly collapsed, prompting Dr Wadhwa to immediately intervene. He performed CPR, managed the runner's airway, and administered IV fluids en route to the medical camp. His timely intervention ensured that the runner regained consciousness, was stabilized, and placed under further medical care.

Dr Wadhwa was felicitated for his heroic efforts by Mr Yash Rawat, Facility Director of Fortis Gurugram along with senior clinicians - Dr Vinayak Agarwal, Senior Director & Head, Non-Invasive Cardiology, Dr Jayant Arora, Senior Director & Unit Head, Orthopaedics and Dr Amit Chaudhry, Senior Consultant – Orthopedics.

Events

Fortis Escorts Hospital Faridabad Celebrates Indian Organ Donation Day



On August 3, 2024, Fortis Escorts Hospital, Faridabad, held an awareness activity to mark Indian Organ Donation Day. The event was attended by around 50-80 people. Dr Tejender Singh Chauhan, Head – Nephrology, delivered a presentation on how organ donation can save lives. This was followed by a Q&A session and a pledge board activity, where attendees committed to donate their organs.

The guests also participated in a drawing activity to express their emotions about organ donation. The event concluded with the announcement of award winners followed by refreshments.

Fortis Hospital Shalimar Bagh Conducts Awareness Program on 14th Indian Organ Donation Day



On August 3, 2024, Fortis Hospital, Shalimar Bagh conducted an awareness program to mark the 14th Indian Organ Donation Day, under the theme "Angdaan Jan Jagrukta Abhiyaan." The program aimed to educate employees and the public about the importance of organ donation. The program was graced by esteemed leaders, including Mr Deepak Narang, Facility Director; Dr Archana Bajaj, Medical Director; and senior consultants, Dr Harjit Singh Mahay, Senior Director - Critical Care; Dr Pankaj Kumar, Senior Director - Critical Care; Dr Deepak Kalra, Senior Director & HOD – Nephrology; Dr Rajinder Yadav, Senior Director – Urology; Dr Sonal Gupta, Senior Director & HOD - Neuro and Spine Surgery and Dr J. M. S. Kalra, Senior Director - Internal Medicine. The event was coordinated by Ms Jasmeet Kaur Anand, Organ Donation Coordinator.

The event saw active participation from over 100 attendees, including employees of Fortis Hospital, Shalimar Bagh. The clinicians conducted interactive sessions, and post-transplant patients shared their personal stories. Additionally, the event featured a skit by students from a neighbourhood school and a session on organ donation awareness by Ms Pallavi Kumar, Executive Director, MOHAN Foundation & President NATCO.

Fortis Mohali Holds Antimicrobial Stewardship Programme Along with PGIMER



Fortis Hospital Mohali in association with Post Graduate Institute of Medical Education and Research, Chandigarh, organised a Workshop on 'Nurses as Antimicrobial Stewards' for the 6th National Conference on Antimicrobial Stewardship Programme (ASPICON) held at PGI on August 22, 2024. Dr Amit K Mandal, Director, Pulmonology, Sleep and Critical Care; Dr Parvinder Chawla, Senior Consultant, Internal Medicine; Dr Anita Sharma, Head, Lab Medicine; Dr Shivani Juneja Bedi, Consultant, Clinical Pharmacology; Ashwani Kumar, Lead AMS Pharmacist; Ms Nikethana, Chief of Nursing; Ms Promila Deswal, SBU L&D Lead; Ms Sheila Kispotta, Senior ICN - Fortis Hospital Mohali, and Nursing faculty from PGIMER organised the event. Around 70 delegates including doctors and nurses from PGI, AIIMS Delhi, AIMS Mohali, Fortis Mohali and other hospitals of the Tricity took part in the event. Antimicrobial stewardship programme (AMSP) is an interdisciplinary programme requiring participation by pharmacists, doctors, microbiologists, infection control staff and administrators.

Fortis Vashi Conducts a Certified Workshop on 'HEAL- Wound Care Management'



Group picture with Ms Mohini Chandrashekar, CNO in the centre

On August 13, 2024, a certification workshop on 'HEAL- Wound Care Management' was organised at Hiranandani Hospital, Vashi - A Fortis Network Hospital for nurses and doctors. The program commenced with lamp lighting ceremony by Mr Nitin Kamaria, Facility Director; Ms Mohini Chandrashekar, Chief Nursing Officer; Dr Jignesh Gandhi, Senior Consultant; and Dr Swapnil Khadke, Chief intensivist. This was followed by pre-test and quiz on wound management. The workshop included sessions from seniors consultants focusing on general and specific wound care management. Participants got an opportunity to practice various dressing techniques on simulation mannequin. The day concluded with felicitation of the winners of quiz. The participants appreciated the practical knowledge they received during the workshop.

Fortis Shalimar Bagh, New Delhi Hosts CME and Immunohematology Workshop on Best Transfusion Medicine Practices



The Department of Transfusion Medicine at Fortis Hospital, Shalimar Bagh, New Delhi, successfully organised a Continuing Medical Education (CME) event and an Immunohematology (IH) Workshop on August 23-24, 2024, led by Dr Shailendra Singh, Head of the Department. The event, themed 'Best Transfusion Medicine Practices for Better Patient Care,' brought together around 120 participants, including senior clinicians from various specialities and technicians from Delhi NCR hospitals.

The event was attended by distinguished guests, including Dr Rajeev Nayyar, Director - Medical Operations, Fortis Healthcare Ltd along with Mr Deepak Narang, Facility Director and Dr Archana Bajaj, Medical Director. Coordinated by Mr Lokeshpal, Manager - Blood Centre, the sessions provided a valuable platform to discuss the latest advancements in transfusion support. Renowned experts from various institutes delivered insightful talks, addressing key aspects of transfusion medicine. The event was a resounding success, contributing to the enhancement of transfusion practices for improved patient care.

Fortis Hospital Shalimar Bagh Hosts POFI - 2024, a Meet of Perioperative Experts



On August 30, 2024, Fortis Hospital, Shalimar Bagh, hosted the prestigious Fortis Hospitals, Delhi-NCR Units Meet - 2024 under the banner of the Perioperative Forum of India (POFI). The event, led by Ms Girja Sharma, Chief Nursing Officer, brought together perioperative care professionals to share knowledge and best practices. POFI, established as a platform to foster collaboration among doctors, nurses, and technicians in the perioperative field, continues to be a beacon for advancing perioperative standards in India.

The event was graced by Dr Rajeev Nayyar, Director - Medical Operations, as the Chief Guest, and Capt. Sandhya Shankar Pandey, Chief of Nursing, Fortis Healthcare, as the Guest of Honor. Mr Deepak Narang, Facility Director, and Dr Archana Bajaj, Medical Director - Fortis Shalimar Bagh, along with Nursing Heads of other Fortis units in Delhi-NCR, were also present. A keynote address by Dr Umesh Deshmukh, Senior Director and HOD Anesthesiology, set the tone for the day's discussions. With over 110 delegates registered, POFI 2024 facilitated a dynamic exchange of insights on perioperative innovations.

World Physiotherapy Day: Fortis Mohali Holds Well-Being Sessions



The Department of Physiotherapy at Fortis Hospital Mohali organised several events and awareness sessions as part of the World Physiotherapy Day celebrations from September 8-14, 2024. The sessions emphasised on promoting well-being and educating the masses on the management of lower back pain. Doctors from the Physiotherapy Team visited the residences of several patients and gifted them goodies. Other activities including nursing staff well-being sessions, patient outreach and free consultations for hospital support staff were also conducted. Dr G. K. Balaji, Head, Department of Physiotherapy, and Ms Ajninder Kaur, Physiotherapy Department, were the main organisers of the events.

A Week of Awareness and Education: Fortis Escorts Hospital Celebrates Breastfeeding Week



Fortis Escorts Hospital, Faridabad, celebrated Breastfeeding Week from August 5-7, 2024, with a series of activities. On August 5, the day began with health education sessions for patients and their families, culminating in a captivating Nukkad Natak in the Paediatric OPD.

The next day, Dr Gaurav, Paediatrician, educated mothers and nurses about the benefits of breastfeeding, followed by an insightful session on the importance of breastfeeding led by Dr Amit Gupta, Director - Paediatrics. The event concluded on August 7 with an engaging role play by the new nurses (VIROHAN), highlighting breastfeeding positions, diet, exercises and the benefits of breastfeeding for both, the mother and the baby.

Meet Our Clinician



Dr Mandeep Singh Saini
 Consultant – Internal Medicine
 Fortis Hospital, Ludhiana

Since how long have you been working with Fortis?

I have been working with Fortis since 2014

What inspired you to become a doctor?

My overall experience in the field of medicine is intense and often humbling. Every day brings unique challenges requiring both clinical expertise and empathy. One moment, you might be treating a patient in the emergency room, and the next, counselling a family about a loved one's diagnosis. Each case brings a different story, testing both your knowledge and emotional resilience. My journey is driven by the support of my parents and family, a personal commitment to helping others, and a deep fascination with the science of the human body.

How do you manage the emotional challenges that arise from working in a high-stress environment?

Managing the emotional challenges of working in a high-stress medical environment is crucial for both my mental well-being and effectiveness as a doctor. Taking small breaks to pause and breathe helps me stay grounded amidst the intensity.

Has being a clinician influenced your perspective on health practices in your personal life as well?

Working closely with patients every day, I have come to realise the importance of exercise, balance, nutrition and stress management as daily habits—not just for my patients, but for myself as well.

How do you incorporate empathy and compassion in your work with patients and their families?

I try to put myself in their shoes when meeting with a patient. I make it a point to listen actively, giving them the time and space to express themselves without rushing or interrupting.

How do you approach interprofessional collaboration and teamwork in your clinical setting?

My approach is to value each team member's expertise, recognising that healthcare is a team effort. Each person, from nurses and patients to specialists and support staff, brings unique knowledge and skills to the table. Ultimately, patient care is a collective team effort.

Meet Our Nurse



Ms Mohini Chandrashekhar
 Chief Nursing Officer
 Fortis Hiranandani Hospital, Vashi

What inspired you to pursue your career in nursing and how has it shaped your professional & personal life?

I've always seen nursing as a noble profession, one that allows you to truly touch people's lives. My sister, who is also a nurse, was a huge inspiration for me to pursue this career. Nursing has profoundly shaped my outlook towards life. It's taught me confidence, resilience, and most importantly, the value of not taking life for granted.

Can you share a personal experience that exemplifies the impact nursing had on your life?

One experience stands out and has stayed with me for years. In 1992, when I was working as a bedside nurse, I cared for a 98-year-old patient. He was blind, abandoned by his family, and had been hospitalised for an extended period. Despite his challenging circumstances, he had a remarkable spirit. He would always wait for my shift, and as soon as I held his hand, he would recognise me immediately, just by touch.

What steps do you take to stay updated on the advancements and evidence-based practices in nursing?

There is no end to pursuing knowledge. After joining Fortis Hiranandani Hospital Vashi, I pursued both my graduation and post-graduation in hospital administration. To keep my

knowledge up to date, I regularly attend in-service trainings, webinars, nursing conferences, and quality conclaves.

How has been your journey working at Fortis?

My journey with Fortis has been truly remarkable. I joined as a senior staff nurse during the inception of Fortis Hiranandani Hospital Vashi, and over the years, I have steadily grown in my profession—from senior nurse to In-charge, Floor Supervisor, D-CNO, and eventually CNO. Alongside my personal growth, I have witnessed the hospital's incredible growth as well. On a personal level, Fortis has been a constant source of support and inspiration, not only for me but also for my family.

What qualities or attributes do you think a nurse must possess?

Cura Personalis, meaning "care for the person", encapsulates the essence of nursing—caring for the whole person—mind, body, and spirit. A nurse's role extends beyond just treating physical ailments; it's about understanding and addressing the emotional and psychological needs of patients as well. However, this job also comes with its set of challenges, and a nurse must possess specific characteristics to overcome them. The qualities of a good nurse include passion, compassion, positivity, hard work, resilience, critical thinking, excellent communication, and so on.

Awards & Accolades

Fortis Hospital Shalimar Bagh Wins Twin Laurels at Times Health Conclave & Awards 2023-24



Fortis Hospital, Shalimar Bagh, has been recognised at the prestigious Times Health Conclave & Awards 2023-24 on September 2, 2024. The award for Leading Super Speciality Hospital in Delhi was received by Mr Deepak Narang, Facility Director, from the Indian actor, Mr Sunil Shetty. Additionally, Dr Nityanand Tripathi, Senior Director & HOD - Cardiology & Electrophysiology, and Dr Naresh Goyal, Senior Director & HOD - Cardiology & Heart Failure Programme, were honoured with the award for Leading Cardiology Hospital in Delhi.

Fortis Hospital Shalimar Bagh Honoured at Radio City India Health Icon Awards



Fortis Hospital, Shalimar Bagh has been recognised at the Radio City India A Jagran New Media Initiative Health Icon Awards 2023-24 on September 3, 2024. Mr Deepak Narang, Facility Director, accepted the award for Leading Super Speciality Hospital in Delhi NCR. Dr Pradeep Jain, Principal Director & HOD - GI and GI Onco and Robotic Surgery, was honoured for Leading Robotic Programme in Delhi NCR, while Dr Mohit Agarwal, Senior Director and Unit Head - Medical Oncology, received recognition in the category of Leading Oncology Hospital in Delhi NCR.

Fortis Vasant Kunj Wins Two Awards at Radio City Health Icon Awards



Dr Gurvinder Kaur, Facility Director and Dr Ujjwal Vaid, Head – Emergency, receiving the award

Fortis Hospital, Vasant Kunj won two awards at the Radio City India Health Icon Awards, organised in New Delhi on September 4, 2024. Dr Gurvinder Kaur, Facility Director, received the award for Excellence in Patient-Centric Services, reflecting the hospital's dedication to providing high end medical care. Dr Ujjwal Vaid, Head – Emergency, received the Excellence in Emergency Medical Services award on behalf of the hospital.

Senior Clinicians from Fortis Noida Honoured with IMA's Prestigious 'Torch of Wisdom' Award



Dr Sahilendra Kumar Goe
(Director-Urology)



Dr Sanjeev Gera (Director & HOD-Cardiology)



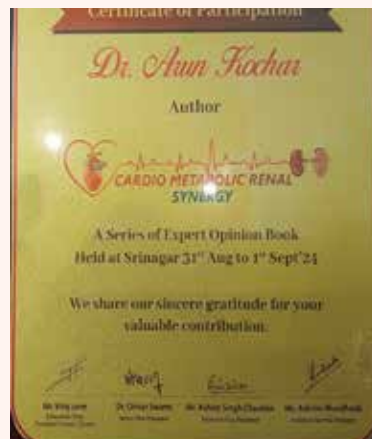
Dr Kapil Singhal

Dr Sanjeev Gera, Director & HOD – Cardiology; Dr Kapil Singhal, Director – Neurology and Dr Shailendra Kumar Goel, Director-Urology at Fortis Hospital, Noida, were felicitated with the prestigious 'Torch of Wisdom' award by the Indian Medical Association's East Delhi chapter. The awards were presented at an event organised by IMA on September 7, 2024, as part of Teacher's Day celebrations.

Book Authored by Dr Arun Kochar of Fortis Mohali Launched at Medical Symposium in Srinagar, Jammu & Kashmir



Dr Arun Kochar



A book authored by Dr Arun Kochar, Additional Director – Cardiology, Fortis Hospital Mohali, titled 'Cardio Metabolic Renal Synergy in the Gluco-Vascular Continuum: An Indian Perspective' was launched at the North India Cardio Renal Metabolic Synergy Programme. The event was held at Srinagar, Jammu & Kashmir, on August 29, 2024. The book is part of a series of expert opinions on Cardio Renal Metabolic syndrome and addresses the core issue of Cardio Renal Metabolic syndrome, its diagnosis and management, particularly in the Indian scenario. Dr Kochar also spoke at the event and shed light on the role of risk factors such as hypertension, diabetes, obesity and dyslipidaemia.

Fortis Shalimar Bagh, New Delhi Secures 2nd Place in Service Excellence at 9th IHH Quality Summit



On September 27, 2024, Fortis Hospital, Shalimar Bagh's work in lactation support earned it the 2nd place in the Service Excellence category at the 9th IHH Quality Summit, held in Mumbai. Dr Archana Bajaj, Medical Director; Dr Manishika Patatit (PT), Lactation Educator & Childbirth Educator; and Himmat Malhotra, Infection Control Nurse, received the award on behalf of the hospital. This was the first time the IHH Global Quality Summit was hosted in India, with participation from IHH hospitals worldwide, recognising the team's commitment to enhancing patient care.

S.L. Raheja Hospital, Mahim Awarded for Breast Feeding Awareness Initiative by World Alliance for Breast Feeding Action (WABA)



(C) S.L. Raheja Hospital Mahim's Dr Kunal Punamiya (CEO), Dr Asmita Mahajan (Consultant-Neonatologist & Paediatrician), Ms Durga Vaidya (Chief Nursing Officer) & Ms Rekha Ajay (Head-Administration) with the nursing team

Breastfeeding Awareness Week was celebrated by S.L. Raheja Hospital, Mahim - A Fortis Associate from August 3-7, 2024. This year's theme 'Closing the Gap: Breastfeeding Support for All' underscored the importance of fostering a supportive environment for breastfeeding mothers with necessary education, guidance, and support. In recognition of the hospital's efforts and commitment to promoting breastfeeding, S.L. Raheja Hospital, Mahim has been awarded the prestigious WABA certification. This certification is a testament of the hospital's unwavering commitment to advancing breastfeeding practices and promoting the health and well-being for the community.

Breastfeeding awareness activities conducted during the week included a breastfeeding awareness survey to gather employee insights about breastfeeding awareness. Lactation consultants conducted a session to enhance nurses' skills in supporting breastfeeding mothers. Competitions such as poster, slogan and poetry competitions were organised to foster nursing engagement and raise breastfeeding awareness. Senior gynaecologists provided practical insights on breastfeeding benefits and challenges for mothers and healthcare providers. This was followed by the 4th-year nursing students from Seva Mandal College performing scenarios to demonstrate breastfeeding support strategies. The event concluded with a talk on the benefits of breastfeeding and a ceremony recognising the winners.

Fortis Anandapur, Kolkata Bags Two Awards at the ICC National Healthcare Summit 2024

Ms Supriya Datta, Staff Nurse - Medical Intensive Care Unit and Ms Ranjana Lakandri, Staff Nurse - Medical & Surgical Ward, Fortis Anandapur, Kolkata, have won prestigious awards at the ICC National Healthcare Summit & ICC Nursing Excellence Awards. The event, held on August 9, 2024 in Chennai, was organised by the Indian Chamber of Commerce (ICC), in association with the Indian Nursing Council, AHPI, and CAHO.

While Ms Supriya secured the 1st Runner-up position as a Critical Care Nurse in the Eastern Zone, Ms Ranjana won the 1st Runner-up position in the Best Bedside Nurse category for the Eastern Zone.

More than 100 delegates from various parts of the country attended the conclave. The scientific sessions and panel discussions were highly appreciated.



Ms Ranjana



Ms Supriya

Fortis Hospital Shalimar Bagh Honoured with NABH Digital Health Platinum Rating



Fortis Hospital, Shalimar Bagh has achieved accreditation from NABH Digital Health with a prestigious Platinum Rating. In recognition of this milestone, the hospital was felicitated at the 'NABH Digital Health Standards Early Adopters Felicitations Programme' held on September 17, 2024, in New Delhi.

Representing Fortis Hospital, Shalimar Bagh at the event were Dr Archana Bajaj, Medical Director, and Ms Steffina Sebastian, Unit Head - Quality, who accepted this honour on behalf of the institution. This achievement reflects the hospital's commitment to advancing digital healthcare standards and providing exceptional patient care.

Fortis Gurugram Receives NABH Digital Platinum Award for Patient-Centric Digital Innovations



Fortis Gurugram has been honoured with the NABH Digital Platinum Award in recognition of our commitment to patient empowerment through advanced digital innovations. The award, received on September 17, 2024, underscores the hospital's continuous efforts to integrate digitization into every step of the patient care process, significantly enhancing patient-centric care.

By embracing digital solutions, FMRI has achieved remarkable improvements, including minimised medical errors, faster turnaround times, and streamlined management of patient records. These advancements have not only optimised efficiency but also fortified our safety protocols, setting a new standard of excellence in patient care.

Fortis Escorts Hospital Faridabad Receives Prestigious NABH Digital Health Platinum Rating



Fortis Escorts Hospital Faridabad has received the prestigious NABH Digital Health Accreditation - Platinum level rating. The recognition was presented on September 17, 2024, at an event held in New Delhi.

Dr Affan Sami Rayeen, Unit Head – Quality and Mr Daudayal Sharma, Unit Head – IT accepted the award on behalf Fortis Escorts Hospital Faridabad. The achievement is a testament to the hospital's dedication to enhancing patient care through digital innovation, improving healthcare delivery and outcomes and setting benchmarks for digital health excellence.

Fortis Noida Receives NABH Digital Health Accreditation - Platinum Level



Fortis Hospital Noida has been bestowed with NABH Digital Health Accreditation – Platinum Level at the National Patient Safety Conference on September 17, 2024. This prestigious recognition places Fortis Noida among the top 100 hospitals in India to achieve the distinction. In addition to enhancing the hospital's credibility, digitalisation of clinical and administrative processes ensure robust management of patient data, safeguarding patient's privacy and data confidentiality. Moreover, the automation of processes such as patient records, billing and appointment scheduling not only alleviates administrative burdens but also optimises operational efficiency, allowing healthcare providers to focus more on patient care.

Fortis Memorial Research Institute, Gurugram Wins Top Honour at IHW Smart Hospitals Summit



On September 13, 2024, Fortis Memorial Research Institute Gurugram was awarded Excellence in Pediatric Hemato Oncology Care - Innovative BMT Centre at the IHW Smart Hospitals & Diagnostics Summit & Awards.

Led by Dr Vikas Dua, Principal Director & Head of Pediatric Haematology, Haemato Oncology, and Bone Marrow Transplant, Fortis Gurugram's dedicated team was recognized as the largest and most advanced in North India for treating children with blood disorders, cancers, and performing life-saving bone marrow transplants.

Fortis Gurugram Shines at the Economic Times Awards 2024

Fortis Memorial Research Institute, Gurugram, made a significant mark at the prestigious Economic Times Awards 2024. The event was held on September 27, 2024, at Gurugram. The hospital garnered multiple top honours, including the coveted title of Multispecialty Hospital of the Year. The award was received by Mr Yash Rawat, Facility Director and Mr Arvind Pahwa, Business Partner - FMRI, FHSB, FHVK & FHM.

Fortis Gurugram was also recognised in several specialty categories, receiving the awards for Hospital of the Year - Oncology (North Region) received by Dr Ankur Bahl, Senior Director - Medical Oncology, Dr Vikas Dua, Principal Director & Head - Pediatric Hematology, Hemato Oncology and BMT and by Dr Vedant Kabra, Principal Director - Surgical Oncology.

The Hospital of the Year - Vascular Surgery (National Level) award was received by Dr Himanshu Verma, Director - Vascular Surgery. Additionally, Dr Rana Patir, Chairman - Neurosurgery & Gamma Knife, was recognised as the Best Neurosurgeon, and Dr Praveen Gupta, Principal Director & Chief - Neurology, was honoured as the Best Neurologist.



Four Research Papers Authored by Medical Oncology Team at Fortis Memorial Gurugram Accepted by ESMO and ESMO Asia Conferences



The Medical Oncology Team at Fortis Cancer Institute, Fortis Memorial Research Institute (FMRI), Gurugram, comprising of Dr Nitesh Rohtagi, Dr Ankur Bahl, Dr Suman S Karanth has achieved a remarkable milestone with four papers being accepted at the prestigious ESMO and ESMO Asia conferences, including a mini oral presentation at ESMO Asia. The selected single centre studies include:

- Prevalence of gene rearrangement on ctDNA NGS and its targetability in patients with advanced Breast Cancer (Poster).
- Genomic alterations associated with high Tumor Mutation Burden (TMB-H) status in advanced solid tumours - a single tertiary care oncology center experience from India (Poster).
- Comparison between tissue and ctDNA for detecting Tumor Mutation Burden (TMB) across solid tumors - A single centre study from India (Poster).
- Next-Generation Sequencing (NGS) of Paired Tumour Tissue and Blood Samples from patients with Advanced Solid Cancers - A Complementary Approach (Mini Oral Presentation).

Dr Ashok Seth, Chairman of Fortis Escorts Heart Institute, Awarded with Excellence in Healthcare Award & Lifetime Achievement Award



Dr Ashok Seth, Chairman of Fortis Escorts Heart Institute in New Delhi, was honoured with the “Excellence in Healthcare Award” at the APAC National HealthTech Innovation Conclave held in New Delhi on September 20, 2024. This accolade recognizes his exceptional contributions to the healthcare field. Additionally, he served as the Keynote Speaker at the 10th HealthTech Conclave. He was also invited to the Sri Ramachandra Institute of Higher Medical Education and Research (University) and Medical College in Chennai, where he received the Lifetime Achievement Award, delivered the Dr Thanikachallam Endowed Oration, and was appointed as a Visiting Professor.

Dr Manoj K. Goel of Fortis Memorial Gurugram Honoured at Respicon Delhi 2024



Dr Manoj K. Goel, Principal Director – Pulmonology, Fortis Gurugram, has been awarded the prestigious Dharamtara Chest Orator Award at the Respicon Delhi 2024. The event was held from September 27-29, 2024. This prestigious recognition, bestowed in acknowledgement of Dr Goel’s dedication and contributions to the field of pulmonology, is endorsed by leading medical bodies including the Indian Chest Society, World Association of Bronchology, Indian Association of Bronchology, Chest Council of India, and the European Association of Bronchology and Interventional Pulmonology.

Dr Krishan Chugh of Fortis Memorial Gurugram Honoured with 'Iconic Pediatric Intensivist of India' Award



On September 28, 2024, Dr Krishan Chugh, Principal Director & HOD - Pediatrics at Fortis Gurugram, was awarded the prestigious title of 'Iconic Pediatric Intensivist of India' by the Indian Academy of Pediatrics in recognition of his outstanding contribution to pediatric critical care in India. Dr Chugh also delivered the prestigious 'Dr Venkararaj Oration' at Yuva Pedicriticon 2024, held in Karnataka the very next day.

Dr Vinod Raina of Fortis Gurugram Honoured with ICON IPOG Guru Dronacharya Award



We are delighted to announce that Dr Vinod Raina, Chairman - Onco Sciences, Fortis Gurugram, has been honoured with the prestigious ICON IPOG Guru Dronacharya Award for his lifetime contributions as a 'guru' in the field of Medical and Precision Oncology. The recognition was presented at the Indian Precision Oncology Gurukul 2024, held from October 3-6, 2024, at a reputed Delhi-NCR hospital.

Dr Himanshu Tyagi of Fortis Greater Noida Wins 'Orthopaedic Surgeon of the Year – 2024' Award



Dr Himanshu Tyagi, Additional Director – Orthopaedics & Spine Surgery, Fortis Hospital Greater Noida, has been honoured with the 'Orthopaedic Surgeon of The Year – 2024' award at The Economic Times Healthcare Awards. The award was presented on September 27, 2024, for his remarkable achievement at the 4th Edition of the ET Healthcare Awards 2024, held in Gurugram.

Dr Shailendra Singh of Fortis Shalimar Bagh Recognised at the 18th World Apheresis Association Congress, Indonesia



Dr Shailendra Singh, Head - Transfusion Medicine, Fortis Hospital, Shalimar Bagh, presented his oral paper titled, 'A Retrospective Comparative Study of Chemiluminescence (CLIA) vs Rapid Diagnostic Test for Screening Thrombocytopenic Donors' at the prestigious 18th World Apheresis Association (WAA) Congress held in Indonesia from September 11-13, 2024. His insightful research earned him recognition as an Oral Paper Finalist, with the award presented by the WAA President.

Dr Kamal Verma and Dr Ashutosh Shrivastava of Fortis Escorts Hospital Faridabad Receive Prestigious 'Health Icon Award 2024'



Dr Kamal Verma, Director & HOD – Neurosurgery, Fortis Escorts Hospital Faridabad and Dr Ashutosh Shrivastava, Additional Director – Orthopaedics & Joint Replacement, Fortis Escorts Hospital Faridabad have been bestowed with the prestigious Health Icon Award 2024 by Dainik Jagran, a prominent media house. The award was presented on September 27, 2024, and was bestowed on the senior clinicians for their dedication to precision care.

Photo Feature



Happy
ONAM



Fortis Escorts Heart Institute, Okhla, New Delhi



Fortis Memorial Research Institute, Gurugram



Fortis BG Road, Bengaluru



Fortis CG Road, Bengaluru



Fortis C-DOC, GK II



Fortis Escorts, Faridabad



Fortis Hospital, Greater Noida



Fortis Hospital, Manesar



Fortis Hospital, Kalyan



Fortis Hospital, Shalimar Bagh



Fortis Vashi, Mumbai



Fortis Hospital, Mulund



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Fortis Escorts Heart Institute, Okhla, New Delhi



Fortis Hospital, Faridabad



Fortis Memorial Research Institute, Gurugram



Fortis Hospital, Anandapur



Fortis Hospital, Jaipur



La Femme



Fortis Hospital, Manesar



Fortis Hospital, Mohali



Fortis C-DOC, Nehru Place



Fortis Hospital, Hiranandani Vashi



Fortis Hospital, Shalimar Bagh



Fortis Hospital, Kalyan



SL Raheja Mahim, Mumbai

Congratulations

New Additions to the Family



Baby of Yougesh Kumar -
Greater Noida Unit



Baby of Asha - Nagarbhavi Unit



Baby of Ms. Arti Kushwaha -
Fortis C-DOC Unit



Baby of Bindu D - BG Road Unit